



Lower Extremity Dislocation Trainer

Quick Start Guide

Use this Lower Extremity Dislocation Trainer to help students learn how to relocate patella and ankle joints when real-life examples are not available.

Product includes:

- Lower Extremity Dislocation Trainer
- 2 tie down straps
- Downloadable curriculum
- 1-year limited warranty



NOTICE! To access your curriculum, visit:

www.realityworks.com/lowerextremitydislocation-downloads

LOWER EXTREMITY DISLOCATION TRAINER

Assembly instructions:

1. Screw the leg into the board's support post. Keep the leg slightly loose to move it around freely; tighten it more if you want to hold it in a particular position.

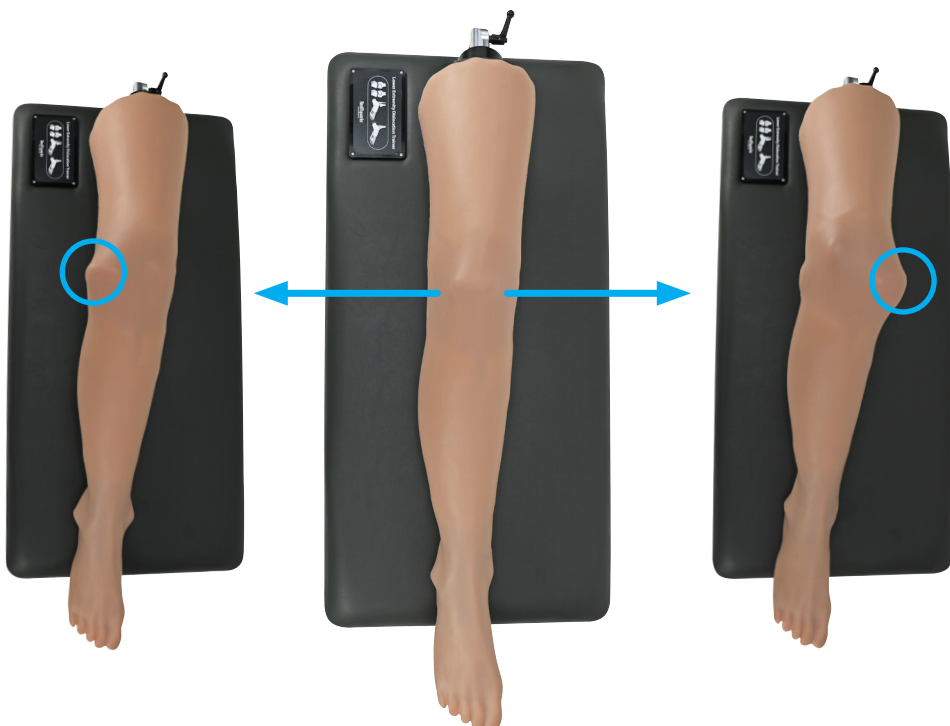


Set-up instructions:

Patella dislocation

1. Bend the leg at the knee and slide the patella left or right to dislocate it.

NOTE: You can use the tie down straps to secure the trainer to a table.



Ankle dislocation

1. To dislocate the ankle, turn the foot 90° in either direction and pull it up for an anterior dislocation or push it down for a posterior dislocation.



LOWER EXTREMITY DISLOCATION TRAINER

General cleaning and storage instructions:

- Denim, make-up, ink, and newsprint can cause stains; these cannot be removed from silicone.
 - Do not apply iodine, betadine, or other antiseptics to silicone as they may stain permanently.
 - Clean with a damp cloth and alcohol pads.
 - Store with the trainer resting on its base for best results.
-

Additional help and information

Online Product Support

We're here to help! Our online Product Support features video tutorials, downloadable documents, frequently asked questions, and product notices, all of which make it easy for you to get support for products, software and more, day or night. Find our online product support area here: www.realityworks.com/knowledge-base

Online Store

Supplies, accessories, select simulators, curricula, and more are available for purchase from our online store 24 hours a day!

Find our online store here: www.realityworks.com