



Upper Extremity Dislocation Trainer

Quick Start Guide

Use the Upper Extremity Dislocation Trainer to help students learn how to relocate finger, elbow, and shoulder joints when real-life examples are not available.

Product includes:

- Upper Extremity Dislocation Trainer
- 2 tie down straps
- Downloadable curriculum
- 1-year limited warranty

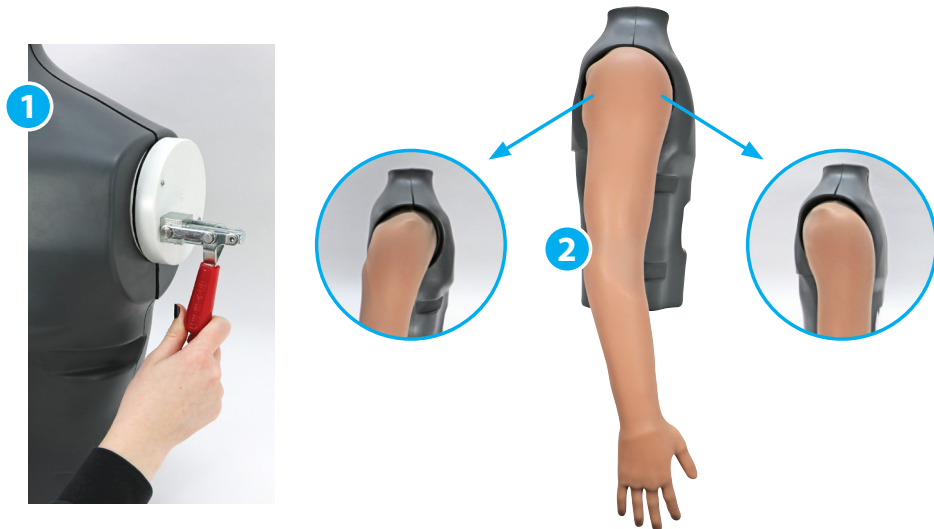


UPPER EXTREMITY DISLOCATION TRAINER

Setup instructions:

Shoulder dislocation

1. Pull the lever on the trainer's left side down to lock the elbow in place.
2. Pull the shoulder away from the trainer and diagonally down toward the chest or back to dislocate the shoulder. You should see the AC joint protrude from the skin.



Elbow dislocation

1. Push the lever on the trainer's left side up to unlock the elbow.
2. Holding the lower triceps with one hand, bend the elbow.
3. While holding the tricep, rest the trainer's hand on the table and push the forearm down towards the table. Pull the tricep forward or push the elbow back to dislocate.



Finger dislocations

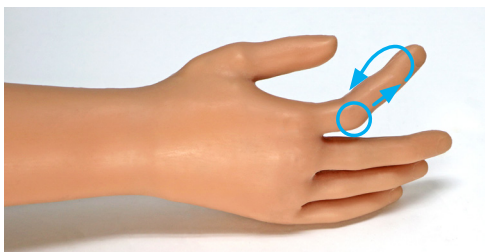
Thumb dislocation

1. At the metacarpophalangeal joint, push the thumb out and toward the palm, popping it into place about halfway down the metacarpal bone.



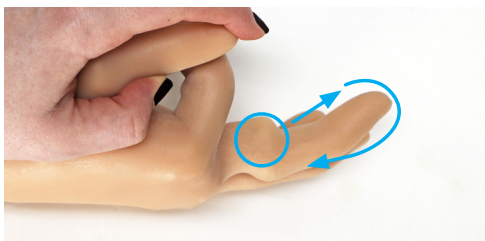
Pointer finger

1. At the proximal interphalangeal joint, pull the finger away from the hand and to the right or left until it pops into its dislocated state. The finger will stick out at a 45-degree angle on the left or right side when properly dislocated.



Middle finger

1. At the proximal interphalangeal joint, push the finger out and toward the palm or back of the hand until it pops into its dislocated state about halfway down the finger.



UPPER EXTREMITY DISLOCATION TRAINER

General cleaning and storage instructions:

- Clean with a damp cloth.
 - Store with the trainer resting on its base for best results.
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Additional help and information

Online Product Support

We're here to help! Our online Product Support features video tutorials, downloadable documents, frequently asked questions, and product notices, all of which make it easy for you to get support for products, software, and more, day or night. Find our online product support area here: www.realityworks.com/knowledge-base

Online Store

Supplies, accessories, select simulators, curricula, and more are available for purchase from our online store 24 hours a day! Find our online store here: www.realityworks.com