



Treating Common Childhood Illnesses

The following information can help identify possible treatments for common childhood illnesses.

NOTICE: These treatments are for educational reference and caretakers should always check with a pediatric physician for additional information and treatment options.

1 Fever

1. Cool bath
2. Antipyretic medications (acetaminophen, ibuprofen)

2 Pink eye

1. Comfort measures
2. Acetaminophen/ibuprofen
3. Warm compress
4. Eye drops
5. Antibiotic or allergy

3 Middle ear infection

1. Dependent on cause
2. Acetaminophen or ibuprofen for fever and pain
3. Antibiotics treat infection
 - Oral without rupture
 - Drops for rupture
4. Antihistamines and nasal spray for allergies
5. Stop smoke exposure and bottle propping
6. Ear tubes for persistent fluid

4 Hand, food, and mouth disease

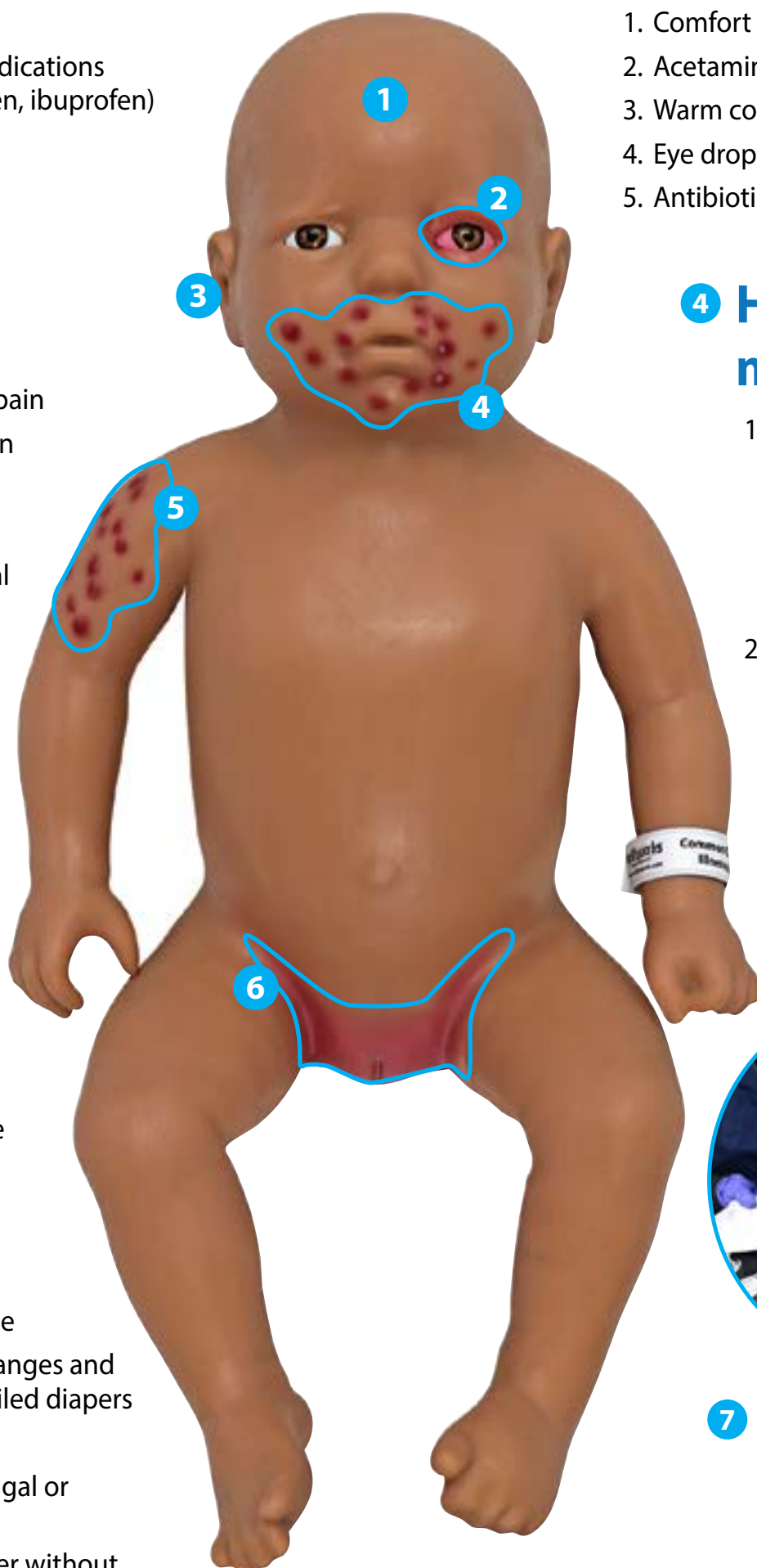
1. Symptom management
 - Acetaminophen, ibuprofen
 - Push fluids
 - Cool washcloths
 - Magic mouthwash
2. IV fluids if needed

5 Chickenpox

1. Supportive care
2. Acetaminophen for fever/discomfort
3. Fluids
4. Rest
5. Cool baths and calamine lotion for itching

6 Diaper rash

1. Dependent on cause
2. Frequent diaper changes and reducing time in soiled diapers
3. Barrier cream
4. Prescription antifungal or antibiotic ointment
5. Switching to a diaper without scent or a different brand



7 Diarrhea

1. Dependent on cause
2. Viral must run its course
3. Bacterial can be treated with antibiotics

Contact us today to learn more about the Common Childhood Illnesses Baby and other infant skills training simulators.

