



RealCare Baby® 4

Participant Care Card

What to do When RealCare Baby starts crying:

1. While wearing your Student ID, pick up your RealCare Baby infant simulator (Baby) and listen for a chime.
2. If Baby chimes, that means it recognizes you as its caregiver. Try feeding, burping, rocking, or changing its diapers.
 - **FEED:** Hold the bottle or breastfeeding device to Baby's mouth. Baby makes feeding sounds and coos when done. You must hold Baby and provide movement while you feed it.
 - **BURP:** Gently bounce Baby while patting its back. Baby makes small whimpering sounds and will burp after several minutes.
 - **ROCK:** Provide constant, gentle rocking motion. Baby makes soft whimpering sounds and coos when done.
 - **DIAPER:** Take off Baby's diaper. Baby still whimpers. Put the other diaper on. Baby coos.

If Baby is still crying after you hear the chime and attempt each care event above:

1. Pick up Baby and try rocking it for a minute.

Baby's head may have been unsupported, it may have been roughly handled, Baby may be responding to loud noise, or it may just be fussy. Rocking helps Baby quiet down. Fussy crying lasts 3 minutes and then Baby coos.

2. Ensure Baby is positioned properly.

Baby must be on its back or side when sleeping. If it is on its stomach, Baby will cough and fuss until turned over. This will also be reported as a Wrong Position mishandle. You can verify whether Baby is awake in the RealCare Baby Guide app.

3. Double-check the ID.

If Baby does not chime, then make sure your ID is on. Press the RealCare Baby logo button on the ID. If you see a light blink, the ID is on.

When Baby giggles:

1. While wearing your Student ID, pick up Baby and listen for a chime.
2. Once you hear the chime, press the button on Baby's toy to power it on.
If the toy is on, you should see the red light on the front of the toy glow.
3. Play with Baby and the toy until you hear Baby coo. The toy must be shaken the whole time. The toy will turn off after 30 seconds of no movement.

NOTE: If Baby starts crying again, ensure the toy's red light is still on.



Other things that may happen while caring for Baby:

- Breathing sounds mean Baby is sleeping or being rocked.
- Coughing or cooing (happy) sounds mean Baby is awake.
- Hearing the ID chime but not being able to quiet Baby for a few minutes means Baby was just fussy.
- Baby coughs if it is upside down for 5 or more seconds.
- Be careful to support Baby's head while changing Baby to avoid head support issues.
- If you are feeding, burping, rocking, or changing Baby when the head falls back or you roughly handle Baby, Baby cries loudly. Rock Baby until it is quiet.
- You have 2 minutes to start caring for Baby before missed care is recorded.
- Baby comes with several clothing items and accessories. Keep track of each item.
- Dress Baby appropriately for environmental conditions. Baby will track which clothes it has on and for how long.
- Change Baby's clothing according to your teacher's instructions. At a minimum, clothing should be changed from daytime outfit to sleeper, and back again in the morning.
- Baby tracks when you talk to it. It will not record anything you say, but it will record how often you talk to it in the report. It is good to interact with and talk to Baby. If Baby is awake, it will babble back at you. However, if you yell at Baby or take it to an extremely loud environment, it may trigger an abuse event.
- If you have the RealCare Baby Guide app, you may get random infant care scenarios within the app that you must respond to.
- Tummy time is important for infants, helping them develop neck and shoulder strength. Baby will track how much time it spends on its tummy. However, Baby should **not** be on its tummy while sleeping. If Baby is asleep and on its tummy, you will hear it cough. You must turn Baby onto its back.

Frustration-reducing measures for when Baby cries:

- Take several deep breaths and count to 10.
- Say the alphabet.
- Put Baby in a safe place and leave the room for a few minutes.
- Close your eyes and think of something pleasant.
- Ask someone else to help.

NOTE: Baby records shaken baby syndrome if it is shaken (head moves back, forward, and back again in 2 seconds).

Safe Holding Methods



At your shoulder



The cradle hold

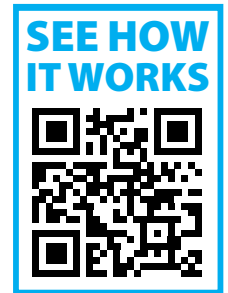


The football hold

Student app:

Download the RealCare Baby Guide app from your app store to:

- Check Baby's status (awake, asleep, waiting for simulation to start, simulation complete, in a care event)
- See how many care events you missed, the total number of times Baby has cried, the number of times you mishandled Baby and what type of mishandling it was (Shaken baby, head support failure, rough handling, etc.), how many times you cared for Baby properly and what type of care it was (rocking, diapering, burping, etc.)
- Check that you have the correct Student ID and if Baby's Toy is on
- Take detailed infant care notes that you can email to your teacher
- Access tips and FAQs
- Watch how-to videos
- Respond to random infant care scenarios
- Take Baby's temperature



App Overview:

Status Tab

This is where you can check Baby's status and how you are doing during the simulation as well as take Baby's temperature.

Notes Tab

In this tab, you can write infant care notes to send to your teacher once the simulation is complete.

Learning Tab

This is where you can learn about Baby, access Baby tips and how-to videos, learn about mishandles, view FAQs and tips for stress management, review safety precautions, and change the app's language settings.

Notifications Tab

In this tab, you can find notifications about missed care events and mishandles.

Safety Precautions:

- Baby may cry while you drive a vehicle. Please be aware that the crying may start unexpectedly, and you should be prepared. Bring your vehicle to a complete stop in a safe location before caring for Baby or retrieving a piece of Baby's equipment that falls.
- Others may think Baby is real. For this reason, never leave Baby unattended in a public place.
- When driving a vehicle, failure to install Baby in a car seat could result in Baby or the seat becoming projectiles in the event of a sudden stop or accident.
- Do not place Baby on or near a stove, especially while cooking.
- Never take your wristband off. Not only will you be deducted points, but you may lose the ID or stumble around in the dark looking for it if Baby cries during the night.
- Baby should sleep somewhere close to your sleeping quarters, but not in bed with you. Baby may fall out of the bed or you could roll over on it, causing damage to Baby and discomfort to you.
- Because of the Baby's loud crying, avoid bringing Baby around people with potentially serious physical conditions, such as those susceptible to heart attack or stroke.
- Identify in your notes when you had to delay care of Baby because your safety or that of others may have been compromised.
- Do not place Baby in or near water.
- Baby's crying or other sounds may cause pets to become agitated or aggressive. Keep Baby out of the reach of pets or other animals.
- Use an infant car seat or carrier to transport Baby.
- Baby weighs 6.5 to 7 pounds and could cause discomfort for individuals with back pain.
- Do not operate any type of equipment or attempt tasks requiring the use of both hands while holding Baby.
- Do not allow small children to play with Baby. Baby's hands and feet could be a choking hazard.
- **The Student ID for RealCare Baby® 4 contains a CR2032 coin battery with nominal voltage 3V.** If the battery compartment opens unexpectedly, stop using the product, remove and secure the battery, and promptly return the Student ID to your teacher. **Keep coin cell batteries away from children.** Do NOT dispose of batteries in household trash or incinerate. Even used batteries may cause severe injury or death. **If swallowed, call a local poison control center for treatment information.**