



SHOULDER AND ELBOW INJURY ASSESSMENT

SCENARIO CARDS

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Suggested Use for Scenario Cards:

Use these cards alongside the Shoulder and Elbow Injury Assessment Trainer as you practice assessing various injuries. The scenarios offer context about patients and a recommended test type to try.

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 1

Patient Information: The patient is a 57-year-old male with complaints of left shoulder pain and reports he is no longer able to reach overhead.

Recommended Tests: Shoulder Tests

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 2

Patient Information: The patient is 62-year-old male with complaints of right shoulder pain and difficulty dressing. He also reports notable pain when reaching to the backseat of his car while in the driver's seat.

Recommended Tests: Shoulder Tests

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 3

Patient Information: The patient is a 65-year-old female with right shoulder pain. She reports increasing difficulty with dressing, particularly with tucking in her shirt behind her back and fastening her bra.

Recommended Tests: Shoulder Tests

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 4

Patient Information: The patient is a 33-year-old male with left forearm pain that began after a home renovation project. He reports that pain began after hammering many nails using his left hand.

Recommended Tests: Elbow Tests

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 5

Patient Information: The patient is a 45-year-old female with right forearm pain that began gradually. She reports an increase in symptoms after weeding her garden this past weekend.

Recommended Tests: Elbow Tests

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 6

Patient Information: The patient is a 40-year-old female with complaints of left shoulder pain. She works as an electrician and reports the most pain when working overhead.

Recommended Tests: Shoulder Tests

Shoulder and Elbow Injury Assessment Scenario Cards

CASE 7

Patient Information: The patient is a 28-year-old female who reports left shoulder pain that began after slipping on ice and falling on her outstretched left arm.

Recommended Tests: Shoulder Tests

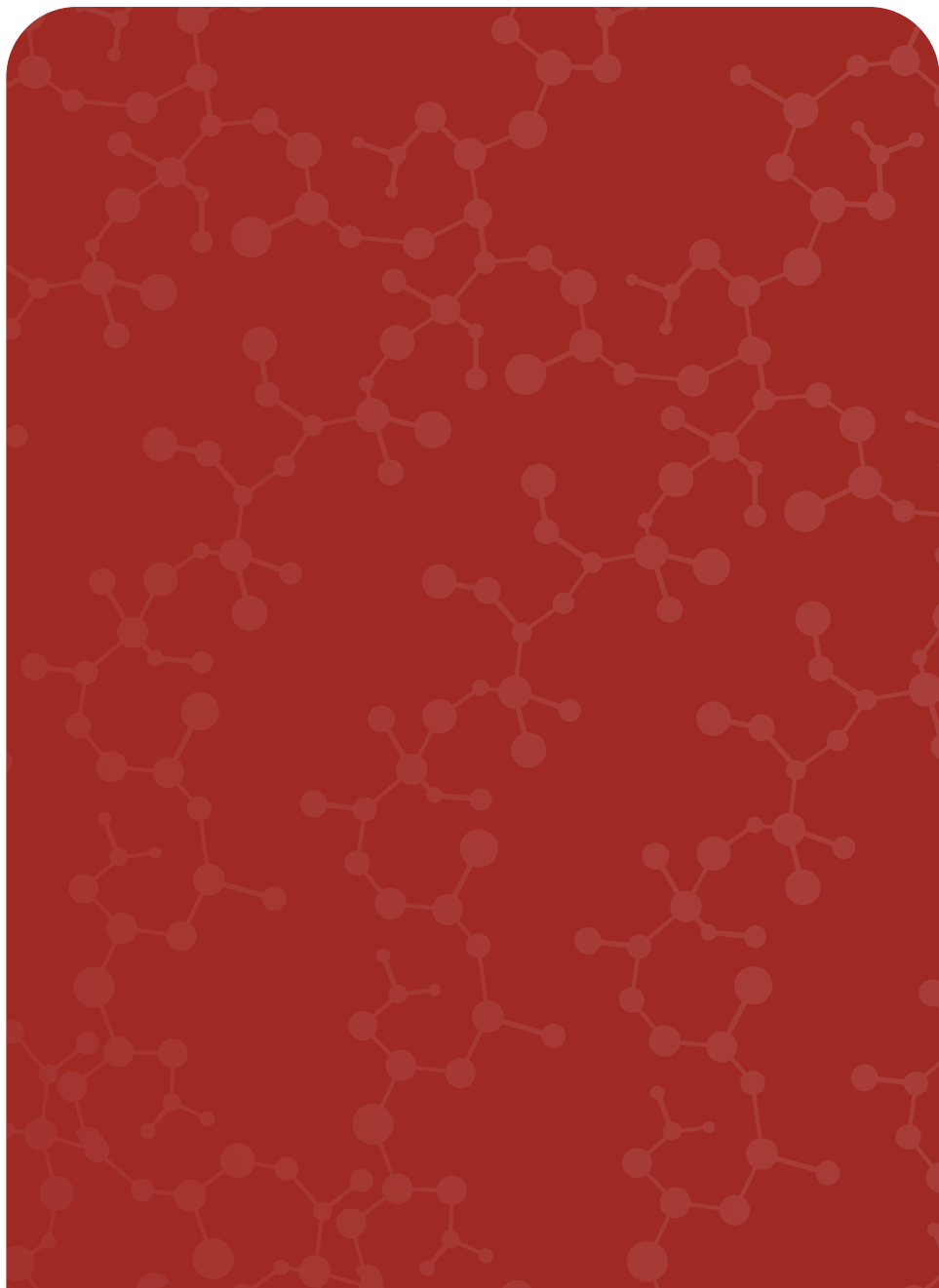
Shoulder and Elbow Injury Assessment Scenario Cards

CASE 8

Patient Information: The patient is a 22-year-old male Division II baseball pitcher (right handed) with right medial elbow pain at the joint line. The pain began mildly early in the season and was exacerbated in a recent game where he pitched a 7 inning no-hitter, but had to discontinue pitching with 9/10 level acute, sharp medial elbow pain.

Recommended Tests: Elbow Tests

Notes:



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