

# Emergency Infant CPR

## Curriculum Overview

### Designed for:

- Middle school or high school students
- Community Education (parenting classes, fathers or male partners groups)
- Public Health Organizations (public service, and other public health agencies)
- Clinical Education (prenatal classes, post-natal classes, nursing classes, First Responder training)

### Length:

This one-lesson curriculum is designed to be used with the Resusci CPR Baby. The three activities in the lesson take approximately 45 minutes to complete.

### Goal:

This curriculum helps identify the steps in assessing when emergency medical help is needed in a life-threatening emergency situation. Participants will demonstrate how to call for emergency medical assistance when needed and perform CPR for an unresponsive infant.

### Synopsis:

This curriculum introduces the Resusci CPR Baby. It presents documented information about the ABCs of infant CPR. Participants will learn about the steps needed to perform infant CPR and practice them. The Resusci CPR Baby is an instructional aid created to help provide valuable hands-on practice of infant CPR skills. This activity is not a substitute for a CPR certification course taught by a trained CPR instructor for infant care. Rather, this lesson will give the learner the skills and information they might need in case of a life-threatening emergency.

Designed and developed by health education and curriculum specialists, this curriculum includes pre- and post-summative assessments. The lesson and activities include objectives, materials required and approximate class time. U.S. National Health Education Standards and Family and Consumer Sciences supported are listed.

### Issues Addressed:

- Identify the proper sequence of steps needed to perform infant CPR and do them.
- Learn about, practice and check understanding of the proper procedures in handling an emergency and performing infant CPR.

### Curriculum Components:

- Teacher's Guide— complete lesson, including detailed steps of activities, time and materials needed, student worksheets, and instructor information for each lesson
- Student Materials— Adobe® Acrobat® PDF files of all student activity sheets and homework assignments
- Survey and Assessment Tools – to track student knowledge and attitudes prior to and after the learning experience, including summative assessments with answer keys
- Microsoft PowerPoint® presentation slides, in PowerPoint® and Acrobat® PDF formats for creating overhead transparencies if you don't have PowerPoint®
- Hyperlinks to web sites with additional information on the topic being discussed, and resource lists of web sites and other materials for additional information.

### Learning Objectives:

#### Lesson – Emergency Infant CPR

- Identify the steps in assessing when emergency medical help is needed in a life-threatening emergency situation.
- Demonstrate how to call for emergency medical assistance when needed.
- Perform CPR for an unresponsive infant.