<table>
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<th>Experiential Learning Tools</th>
<th>Curriculum Title</th>
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| **RealCare Baby**          | Basic Infant Care| Child Care Careers| 15 lesson hours | - Role of the Caregiver  
- Infant & Toddler Development  
- Soothing a Crying Baby  
- Handling Stress and Preventing SBS  
- Holding & Feeding  
- Bathing & Grooming  
- Schedule & Tracking  
- Emergency Procedures  
- Breathing Emergencies  
- Infant & Child CPR  
- Safety First Aid & Infant Health  
- Caregiving  
- Hands-On Practice |
|                            | Healthy Choices  | Pregnancy Prevention / Sex Education | 17 lesson hours | - Plans and Values  
- Influences Around Us  
- Communication in Relationships  
- Reproductive System, Fertilization & Conception  
- Family Planning - Birth Control  
- Benefits of Abstinence  
- HIV and STIs  
- Pregnancy & Prenatal Development  
- Prenatal Exposure to Drugs or Alcohol  
- The Birth Process  
- Care and Needs of an Infant  
- Reproductive System, Fertilization & Conception  
- Cost of a Baby  
- Hands-On Practice  
- Caring for an Infant |
|                            | Parenting        | Parenting & Child Development | 12 lesson hours | - Care and Needs of an Infant  
- Safety, Health and Care  
- Attachment, Autonomy, Trust and Brain Development  
- Nurturing  
- Education and Literacy Development  
- Recreation and Play  
- Parenting Styles  
- Being a Parent - Hands-On Practice  
- Financial Support  
- Child Care and Day Care |
|                            | Life Skills and Healthy Choices | Sex Education | 16 lesson hours | - Changes, Puberty, Adolescence  
- What I Need to Survive These Years  
- Media Influence on Decision Making  
- Fetal Alcohol Syndrome  
- Sexual Wellness  
- Sexual Harassment  
- STIs/HIV  
- Birth  
- Care and Needs of an Infant  
- Hands-On Practice  
- Caring for an Infant  
- Preventing Shaken Baby Syndrome  
- An Abstinent Lifestyle  
- Communicating and Saying No |
| **Drug-Affected Baby and Fetal Alcohol Syndrome Baby** | Understanding Prenatal Drug Exposure | Preventing In Utero Abuse: Prenatal Drug Exposure | 1 lesson hour | - Impact on Unborn Child  
- Short-Term Impact  
- Long-Term Impact  
- Cost  
- Hearing and Seeing Withdrawal Effects |
|                            | Understanding Prenatal Alcohol Exposure | Preventing In Utero Abuse: Fetal Alcohol Syndrome | 1 lesson hour | - Impact on Unborn Child  
- Short-Term Impact  
- Long-Term Impact  
- Cost  
- Review of Physical Signs of FAS |
| **Birth Process Kit and Birth Model Set** | Understanding Labor and Delivery | Delivery process, stages of labor: potential complications and birth defects | 2-3 lesson hours | - The Birth Process  
- Postpartum Depression  
- Assessment  
- Statistics Associated with the Likelihood of Twin Births  
- Assessment |
| **Twin Pregnancy Model Set** | Basics of Twin Pregnancy | The basics of twin pregnancy including types of twins and risk factors | 1 lesson hours | - Describe a Variety of Twin Types  
- Risk Factors Associated with Twin Pregnancy  
- Statistics Associated with the Likelihood of Twin Births  
- Assessment |
|                            | Choking Baby     | Infant Airway Obstruction  
Infant Choking Safety | 1 lesson hours | - Identifying Objects That Can Cause Choking  
- Why the Heimlich Maneuver Should Not Be Used  
- Handling an Infant Airway Obstruction  
- Hands-On Practice |
|                            | Resusci® CPR Baby | Emergency Infant CPR  
CPR Safety Procedures | 1 lesson hours | - Assessing an Emergency Situation  
- How to Call for Emergency Medical Assistance  
- How to Perform infant CPR  
- Hands-On Practice |
| **Preemie Baby**           | Understanding Premature Infants | How to care for premature infants  
1-2 lesson hours | All About Premature Infants  
Caring for a Preemie Baby |
|                            | Understanding Fetal Development | Fetal Development - Milestones associated with each month of fetal development | 7-9 lesson hours | - Fetal Development  
- Pregnancy Symptoms and Discomforts  
- Exploration of Pregnancy and Childbirth-Related Careers |
| **Human Reproductive Systems Kit** | Understanding Human Reproductive Systems | Male and female systems, process of fertilization and conception | 3-4 lesson hours | - Reproductive Systems, Fertilization, Conception  
- Conception Through Embryonic Development  
- Assessment |
|                            | Shaken Baby      | Understanding Shaken Baby Syndrome  
Preventing Abuse: Shaken Baby Syndrome Preven-  
tion & Coping Skills | 1 lesson hours | - Medical Aspects  
- Birth Process  
- Postpartum Depression  
- Father's Role  
- Financial Impact of Baby  
- Feeling What it is Like to Be Shaken  
- Preparing - 3rd Trimester |
|                            | Pregnancy Profile | Understanding Pregnancy  
Teens' Goals and the Physical Changes of Pregnancy | 12 lesson hours | - Physical Changes  
- Impact on Life Goals  
- Pregnancy Symptoms  
- Infant Development 0-1  
- Pregnancy Myths and Facts  
- Parenting Practices and Customs Around the World  
- How to Soothe a Crying Baby  
- Plan to Manage Frustration  
- Seeing the Impact of Shaking a Baby on the Brain |
| **Child Care Design Center** | Early Childhood Classroom Design | Explore child care careers and how to create developmentally appropriate classroom environments  
4 lesson hours | - Career Exploration in Early Childhood Child Care Occupations  
- Professional Guidelines and Best Practices for Classroom Design  
- Designing a Child Care Classroom  
- Parenting Practices and Customs Around the World  
- How to Soothe a Crying Baby  
- Plan to Manage Frustration  
- Seeing the Impact of Shaking a Baby on the Brain |
| **Food Safety Kit**         | Understanding Basic Food Safety | Explore safe food handling and preparation techniques | 8-10 lesson hours | - Introduction to Basic Food Safety  
- Foodborne Illnesses  
- Preventing Foodborne Illness Outbreaks  
- The Temperature Danger Zone  
- Preventing Cross-Contamination  
- Exploring Culinary and Food Service Careers |