



# Infant Care Schedule Table

The Realityworks RealCare® Parenting Program features infant care simulations that can be customized for each participant.

Fifteen different infant care schedules – classified into Easy, Medium and Hard – are available to choose from. A variety of schedules can be selected for the course of a simulation, and these schedules can be manually chosen or randomly assigned using Control Center software or the optional handheld control unit. Schedules are based on the care required by 15 real infants over a period of 24 hours as shown below.

The blocks of color indicate the amount of time during the hour that the simulator will need care. This allows the instructor to choose the most appropriate schedule for each participant.

	Care level	Days old	6:00 a.m.	7:00 a.m.	8:00 a.m.	9:00 a.m.	10:00 a.m.	11:00 a.m.	Noon	1:00 p.m.	2:00 p.m.	3:00 p.m.	4:00 p.m.	5:00 p.m.	6:00 p.m.	7:00 p.m.	8:00 p.m.	9:00 p.m.	10:00 p.m.	11:00 p.m.	Midnight	1:00 a.m.	2:00 a.m.	3:00 a.m.	4:00 a.m.	5:00 a.m.
<b>Schedule 1</b>	Hard	8		Red	Red	Red	Red	Red	Red	Red		Red			Red	Red	Red	Red	Red	Red	Red			Red		
<b>Schedule 2</b>	Med.	17		Orange		Orange		Orange		Orange		Orange			Orange			Orange	Orange	Orange			Orange		Orange	
<b>Schedule 3</b>	Med.	20			Yellow			Yellow		Yellow		Yellow			Yellow		Yellow	Yellow	Yellow	Yellow			Yellow		Yellow	
<b>Schedule 4</b>	Hard	29	Green		Green		Green		Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green			Green		Green	
<b>Schedule 5</b>	Hard	29		Blue	Blue		Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue
<b>Schedule 6</b>	Hard	33	Dark Blue	Dark Blue		Dark Blue		Dark Blue		Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue
<b>Schedule 7</b>	Med.	42		Purple	Purple		Purple		Purple		Purple		Purple	Purple	Purple	Purple	Purple	Purple	Purple	Purple			Purple		Purple	
<b>Schedule 8</b>	Hard	44	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
<b>Schedule 9</b>	Easy	52		Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange
<b>Schedule 10</b>	Med.	59		Yellow		Yellow		Yellow		Yellow		Yellow		Yellow		Yellow		Yellow	Yellow	Yellow			Yellow		Yellow	
<b>Schedule 11</b>	Easy	62		Green		Green		Green		Green		Green		Green		Green		Green	Green	Green			Green		Green	
<b>Schedule 12</b>	Easy	64		Blue		Blue		Blue		Blue		Blue		Blue		Blue		Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue
<b>Schedule 13</b>	Easy	65		Dark Blue		Dark Blue		Dark Blue		Dark Blue		Dark Blue		Dark Blue		Dark Blue		Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue	Dark Blue
<b>Schedule 14</b>	Med.	66		Purple		Purple		Purple		Purple		Purple		Purple		Purple		Purple	Purple	Purple	Purple	Purple	Purple	Purple	Purple	Purple
<b>Schedule 15</b>	Easy	82	Red		Red		Red		Red		Red		Red		Red		Red		Red	Red	Red	Red	Red	Red	Red	Red

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