

Infant Health and Safety

Curriculum Overview

Designed for:

- Child care worker training
- Nursing training
- Babysitter training
- Prenatal classes
- Parenting education courses
- First aid training courses

Length:

The activities in this curriculum require between 1 ½ and 2 ½ hours to complete. This curriculum and small group project can be adapted to a longer block of time if desired.

Goal:

To teach caregivers how to use safety procedures to prevent accidents and/or injuries, and the intervention skills of first aid for different infant and toddler health emergencies.

Synopsis:

This curriculum introduces fifty safety and first aid procedures and scenarios for infants and toddlers. The small group project teaches recognition of safety-related problems and usage of proper safety procedures for infants and toddlers, performing proper first aid, how to care for an infant or toddler's safety needs and first aid needs. The Choking Baby and CPR Baby are integrated into the scenarios to give hands-on practice of important procedures.

Designed and developed by subject matter professionals, health education and curriculum specialists, this curriculum includes assessments, answer keys and supplemental activities. The lessons and project scenarios include objectives, materials required and approximate class time.

Issues Addressed:

- Poisoning
- Falls and bruises
- Cars seats and broken bones
- Burns
- Heat and cold exposure
- Infant illness

Curriculum Components:

- Facilitator instructions – complete lesson, including detailed steps of activities, time and materials needed, handouts and instructor information for each lesson
- Assessment tools – to track student knowledge prior to and after the learning experience with answer keys
- Infant Health and Safety Scenario Cards – 30 cards to present a variety of safety scenarios for students to solve
- Infant Health and Safety Student Workbooks Upon completion of the project, the Student Workbook turns into a take-home manual that includes 50 infant safety and first aid procedures to use on the job with infants in any setting (daycare, babysitting, or as a parent)
- Infant Health and Safety Poster Set (2 posters) – Infant Choking Procedures and Infant CPR Procedures

Learning Objectives:

Lesson 1 – Infant Safety Procedures

- Identify safety-related situations for infants and toddlers

- Recognize safety-related problems and use proper safety procedures for infants and toddlers
- Recognize an emergency, perform proper first aid, and call 911 or their local emergency number
- Understand and identify how to care for an infant or toddler's safety needs
- Understand and identify how to care for an infant or toddler's first aid needs

Lesson 2 – Infant Safety Scenarios

- Identify safety-related situations for infants and toddlers
- Recognize safety-related problems and use proper safety procedures for infants and toddlers
- Recognize an emergency, perform proper first aid, and call 911 or their local emergency number
- Understand and identify how to care for an infant or toddler's safety needs
- Understand and identify how to care for an infant or toddler's first aid needs