A Correlation of

Realityworks Total Parenting Experience®
Curricula

To the

Texas Essential Knowledge and Skills for
Chapter 115: Health Education
Subchapter C: High School
INTRODUCTION

This document demonstrates how the Total Parenting Experience® curricula used with their respective simulators meet the objectives of the Texas Essential Knowledge and Skills for Health Education as listed in this document. Correlations are cited by unit and lesson.

The Total Parenting Experience® curricula are standards-based programs designed to be used with, and to enhance the educational value of, the RealCare® products they accompany. Written for teachers of middle and high school level students as well as post high school participants, the curricula contain teacher guides with detailed active learning lesson plans, slide presentations, and student materials. The following Total Parenting Experience® curricula were reviewed for alignment to the Texas Essential Knowledge and Skills for Health Education:

- Basic Infant Care
- Healthy Choices: Relationships, Sexuality, and Family Planning
- Parenting
- Pregnancy Simulation
- Understanding Prenatal Alcohol Exposure
- Understanding Prenatal Drug Exposure
- Understanding Shaken Baby Syndrome
- Infant Airway Obstruction Emergency Procedures
- Emergency Infant CPR
### TEKS for Chapter 115: Health Education, Subchapter C: High School

**§115.32. Health 1, Grades 9-10**

<table>
<thead>
<tr>
<th>Standard</th>
<th>Curriculum/Lesson(s)</th>
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<tbody>
<tr>
<td>1) Health information. The student analyzes health information and applies strategies for enhancing and maintaining personal health throughout the life span.</td>
<td>NA</td>
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<td>2) Health information. The student is health literate in disease prevention and health promotion throughout the life span.</td>
<td><strong>Healthy Choices</strong>, Lesson 2.4 HIV and STIs</td>
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| 3) Health information. The student recognizes the importance and significance of the reproductive process as it relates to the health of future generations. | **Healthy Choices**, Lessons 2.1: Reproductive Systems, Fertilization, Conception, 2.5: Pregnancy and Prenatal Development, 2.6: Alcohol and/or Drugs and Fetal Development, 2.7: The Birth Process

**Pregnancy Simulation**, Lesson 5

Understanding Prenatal Alcohol Exposure

Understanding Prenatal Drug Exposure |
| 4) Health information. The student investigates and evaluates the impact of media and technology on individual, family, community, and world health. | **Healthy Choices**, Lesson 1.2: The Influences Around Us |
| 5) Health information. The student understands how to evaluate health information for appropriateness. | **Healthy Choices**, Lessons 2.1: Reproductive Systems, Fertilization, Conception, 2.2: Family Planning: Birth Control, 2.3: The Benefits of Abstinence, 2.4: HIV and STIs

**Pregnancy Simulation**, Lessons 5, 8

Understanding Prenatal Alcohol Exposure

Understanding Prenatal Drug Exposure |
| 6) Health behaviors. The student assesses the relationship between body structure and function and personal health throughout the life span. | NA |
| 7) Health behaviors. The student analyzes the relationship between unsafe behaviors and personal health and develops strategies to promote resiliency throughout the life span. | **Healthy Choices**, Lessons 1.3: Communication and Self Esteem, 1.4: Communication in Relationships, 1.5: Relationships

2.1: Reproductive Systems, Fertilization, Conception, 2.2: Family Planning: Birth Control, 2.3: The Benefits of Abstinence, 2.4: HIV and STIs |
| 8) Influencing factors. The student analyzes the effect of relationships on health behaviors. | **Healthy Choices**, Lessons 1.5: Relationships. |
| 9) Influencing factors. The student differentiates between positive and negative family influences. | Parenting, Lesson 9: Parenting Styles |
| 10) Influencing factors. The student evaluates the effect of a variety of environmental factors on community and world health. | NA |
| 11) Influencing factors. The student understands how to access school and community health services for people of all ages. | NA |
| 12) Influencing factors. The student understands situations in which people of all ages require professional health services. | **Emergency Infant CPR

Infant Airway Obstruction Emergency Procedures

Basic Infant Care**, Lessons 3.1: Emergency Procedures, 3.2: Breathing Emergencies, 3.3: Infant and Child CPR |
| 13) Personal/interpersonal skills. The student analyzes, designs, and evaluates communication skills for building and maintaining healthy relationships throughout the life span. | **Healthy Choices**, Lessons 1.3: Communication and Self Esteem, 1.4: Communication in Relationships, 1.5: Relationships |
| 14) Personal/interpersonal skills. The student analyzes, designs, and evaluates strategies for expressing needs, wants, and emotions in healthy ways. | **Healthy Choices**, Lessons 1.3: Communication and Self Esteem, 1.4: Communication in Relationships, 1.5: Relationships |
15) **Personal/interpersonal skills.** The student appraises communication skills that show consideration and respect for self, family, friends, 

**Healthy Choices, Lessons 1.3: Communication and Self Esteem,** 1.4: **Communication in Relationships,** 1.5: **Relationships**

**Basic Infant Care, Lessons 2.2 Soothing a Crying Infant**

16) **Personal/interpersonal skills.** The student synthesizes information and applies critical-thinking, decision-making, and problem-solving skills for making health-promoting decisions throughout the life span.

**Healthy Choices, Lessons 1.3: Communication and Self Esteem,** 1.4: **Communication in Relationships,** 1.5: **Relationships**, 2.3: **The Benefits of Abstinence**

17) **Personal/interpersonal skills.** The student applies strategies for advocating and evaluating outcomes for health issues.

NA

**§115.33. Advanced Health, Grades 11-12**

1) **Health information.** The student applies technology to analyze and appraise personal health.

NA

2) **Health information.** The student researches and analyzes information in the management of health promotion and disease prevention.

NA

3) **Health information.** The student investigates the importance and significance of the reproductive process as it relates to the health of future generations.

**Healthy Choices, Lessons 2.1: Reproductive Systems, Fertilization, Conception,** 2.5: **Pregnancy and Prenatal Development,** 2.6: **Alcohol and/or Drugs and Fetal Development,** 2.7: **The Birth Process**

**Pregnancy Simulation, Lesson 5**

**Understanding Prenatal Alcohol Exposure**

**Understanding Prenatal Drug Exposure**

4) **Health information.** The student evaluates the validity of health information.

NA

5) **Health information.** The student describes the effect of marketing and advertising on health behavior.

NA

6) **Health information.** The student evaluates and utilizes communication skills in building and maintaining healthy relationships.

**Healthy Choices, Lessons 1.3: Communication and Self Esteem,** 1.4: **Communication in Relationships,** 1.5: **Relationships**

7) **Health behaviors.** The student generates strategies that address health-risk behaviors.

**Basic Infant Care, Lessons 3.4: Safety, First Aid and Infant Health-Part 1,** 3.5: **Safety, First Aid, and Infant Health-Part 2,** 3.6: **Safe and Comfortable Temperatures and Clothing for Infants,** 3.7: **Flat Head Syndrome**

**Parenting, Lessons 3:** **Safety, Health and Care-Part 1,** 2: **Safety, Health and Care-Part 2,** 4.1: **Safe and Comfortable Temperatures and Clothing for Infants,** 4.2: **Flat Head Syndrome**

**Healthy Choices, Lessons 3.1.1: Safe and Comfortable Temperatures and Clothing for Infants,** 3.1.2: **Flat Head Syndrome**

8) **Influencing factors.** The student researches and evaluates a variety of environmental factors that impact personal and community health.

NA

9) **Influencing factors.** The student assesses the impact of the economy on community and world health.

NA

10) **Influencing factors.** The student recognizes the importance of personal contributions to the health of the community.

NA

11) **Influencing factors.** The student understands issues related to community health services.

NA

12) **Influencing factors.** The student investigates technological advances in the community that impact the health of individuals, families, and communities.

NA

13) **Personal/interpersonal skills.** The student analyzes,

**Healthy Choices, Lessons 1.3: Communication and Self Esteem**
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<td>designs, and evaluates strategies for expressing needs, wants, and emotions in healthy ways.</td>
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<td><em>Esteem, 1.4: Communication in Relationships, 1.5: Relationships</em></td>
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<td>14)</td>
<td>Personal/interpersonal skills. The student evaluates communication skills that show consideration and respect for self, family, friends, and others.</td>
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|   | *Healthy Choices, Lessons 1.3: Communication and Self Esteem, 1.4: Communication in Relationships, 1.5: Relationships*  
|   | *Basic Infant Care, Lessons 2.2 Soothing a Crying Infant* |
| 15) | Personal/interpersonal skills. The student synthesizes information and applies strategies for making health-promoting decisions. |
|   | *Healthy Choices, Lessons 1.3: Communication and Self Esteem, 1.4: Communication in Relationships, 1.5: Relationships* |
| 16) | Personal/interpersonal skills. The student applies strategies for advocating and evaluating outcomes for health issues. |
|   | NA |