

Patience

Scenario: Although quite shaky, Mrs. Martinez insists on feeding herself at meals. It takes her an hour to finish a meal. Nina, the nursing assistant, has requested to leave early. The nurse tells Nina she can leave after Mrs. Martinez is finished eating. Nina sits across from Mrs. Martinez and begins to wait. After a few minutes, Nina tells Mrs. Martinez how she has an exam tomorrow and how she really needs to go home to study but cannot leave until Mrs. Martinez is finished eating. Mrs. Martinez says she is done eating despite food being left on her plate.

Points of view to consider

- Mrs. Martinez
 - Nina, the nursing assistant
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Key questions

- Do you think Nina should have been more patient with Mrs. Martinez? Why or why not?
- How do you think Mrs. Martinez felt after hearing Nina's situation?
- How does someone learn patience?