



LIFE SKILLS AND HEALTHY CHOICES FOR MIDDLE SCHOOL

CERTIFICATE OF COMPLETION

16 Lessons:

1. Changes, Puberty, and Adolescence
2. The Human Reproductive System
3. Does the Media Affect My Sexual Decision-Making?
4. Healthy Relationships
5. Where Could Relationships Go?
6. Sexual Wellness and the Law
7. Sexual Harassment
8. Sexually Transmitted Infections
9. Birth Control
10. An Abstinent Lifestyle
11. Hands-on Practice Caring for an Infant
12. Pregnancy and Birth
13. RealCare Baby Simulation Experience – Part 1
14. RealCare Baby Simulation Experience – Part 2
15. Preventing Shaken Baby Syndrome
16. Questions, Summary, and Assessment

Student name

has successfully completed the Life Skills and Healthy Choices for Middle School curriculum

On _____
Date

From _____
Name of school/organization

Teacher Signature