



RealCare Baby® 4 FAQs

RealCare Baby 4 Student IDs

Do the RCB4 Student IDs have a battery and do they need charging?

Yes, the Student ID has a battery. It is powered with a CR2032 lithium coin cell battery. The Student ID battery is a disposable CR2032 battery and, after being turned on, will last 8 days before it will automatically turn itself off to save battery life. We estimate >200 days of constant use if it never shuts off, so at least a year with “normal” use.

Are there instructions in the Control Center Software on the Student IDs?

Yes, several popup reminders have been added. The pop-up appears when users go from the Program screen to the Send to Babies screen. The instructions read as follows: Make sure the ID is powered on and 8-day timer is reset. Press and release the logo button on the ID. If the light blinks 1, 2, or 3 times, the ID is on and will remain on for 8 days. If no light appears, press and hold the button on the ID for 10 seconds or until you see the blue light. The ID is now on and will remain on for 8 days.

How do I turn the RCB4 Student ID on?

Press and release the logo button on the ID. If the blue light blinks 1, 2, or 3 times, the ID is on and will remain on for 8 days. If no light appears, press and hold the button on the ID for 10 seconds or until you see the blue light. The ID is now on and will remain on for 8 days

NOTE: Power the ID on before deploying RealCare Baby 4 for a simulation.

NOTE: If you do not see a blue light, the ID is already on. Quickly press the logo button to check the battery. If the light blinks three times, the battery is full. Two blinks means it is at 50 percent. One blink means it needs to be replaced. Every time you press the logo button, you reset 8-day counter.

Can I turn the ID off?

There is no way to turn the ID off outside of removing the battery or waiting the 8 days for it to naturally turn off. It cannot be turned off by students.

Are there instructions on how to use the RCB4 ID in the Quick Start Guide?

Yes. The instructions read as follows: When the ID is OFF, the face of the ID must be held down for 3-6 seconds until the blue light appears. The ID is now ON and will stay on for 8 days. When the ID is ON, a quick press of the face of the ID will reset the 8-day timer, and the ID will blink the blue light 1-3 times. 3 blinks means the battery is near full, 2 times means the battery is around 50%, and 1 blink means the ID is near 0% and should be replaced soon.

What do the blinking blue lights mean on the ID?

If the light blinks three times, the battery is full. Two blinks means it is at 50 percent. One blink means it needs to be replaced.

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How do I use the ID when programming a simulation?

Assign a Student ID Before starting a simulation, Baby needs to be assigned a Student ID. This unique identification number on each ID allows Baby to recognize and record the caregiver's performance. Each Baby has the option of one or two IDs. In the software, you will add this information to the ID1 and ID2 fields. See image below.

Student	ID1	ID2
	C2:03:03:00:3A:75 	

Will my RealCare Baby 3 student IDS work with RealCare Baby 4?

No. RCB4 IDs are different because they work with a Bluetooth connection, which Baby 3 does not have.

Communication

Does RealCare Baby 4 use the communication adapter?

Baby 4 does not need the communication adapter; it uses Bluetooth connection. Make sure your computer has the Bluetooth turned on. If you have a mixed population of RealCare Baby 3 and 4, you will still need to use the communication adapter when you use the Baby 3.

Do you have any data on how often you should talk to your baby and provide tummy time, and where does that information come from?

Tummy Time

Source: American Academy of Pediatrics (AAP) – [HealthyChildren.org](https://www.healthychildren.org)

While not specific to exactly 6 weeks, the AAP provides developmental guidance that applies during this age window.

Recommendation:

- Begin with 3–5 minutes, 2–3 times per day from birth
- Work up to 15–30 minutes total daily by around 7 weeks (which is essentially the same timeframe as 6 weeks)
- This gives a pediatric-established benchmark for what's typical around the 6–7-week period

Talking to Your Baby

Across all expert sources, no organization sets a strict daily minute requirement. Instead, they emphasize:

- Frequent talking throughout daily routines (e.g., feeding, diaper changes, walks, playtime)
- Responsive communication (answering coos, babbles, facial expressions)
- Narrating activities (describing what you are doing and what the baby is experiencing)
- Daily reading and singing
- Following the baby's cues — some babies want more interaction, others need downtime
- Several hours of interactive communication across the day is suggested for babies 3–6 months (per Resto NYC's expert summary) but spread out naturally, not in one block

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Accessories

Does the Tummy Time Blanket have a sensor?

The Tummy Time Blanket does not have sensors; however, there is a sensor in the Baby that will pick up and record tummy time on the report. Baby can only be put into tummy time when it is awake. Use the RealCare Baby Guide app to see if Baby is awake or asleep. Alternatively, you can talk to Baby. If it talks back, it is awake.

Will my RealCare Baby 3 accessories and supplies work with Baby 4?

RealCare Baby 4 comes with its own supplies needed to care for it. However, if you have a mixed Baby population, here are the supplies and accessories that may be used for both models:

- Diapers
- Bottles
- Breastfeeding device
- Charger
- Diaper bag
- Car seat or infant carrier
- Wristbands
- All RealCare storage

Are there any new accessories and supplies that come with RealCare Baby 4?

Here are a list of the new accessories and supplies for RCB4:

- Toy rattle
- Tummy time blanket
- Student IDs
- RealCare Baby two-piece outfit – new colors

RealCare Baby Guide App

Is the RealCare Baby Guide App free?

Yes, it is free to use and available on Android and iPhone platforms.

Is the app required to use RealCare Baby 4?

No, Baby may be used without it, but it enriches the simulation experience greatly.

Can you use the RealCare Baby Guide App with RealCare Baby 3?

Parts of the app is compatible with RCB3 for notetaking, journaling and access to the daily random scenarios.

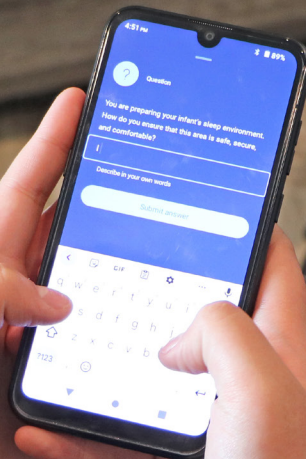
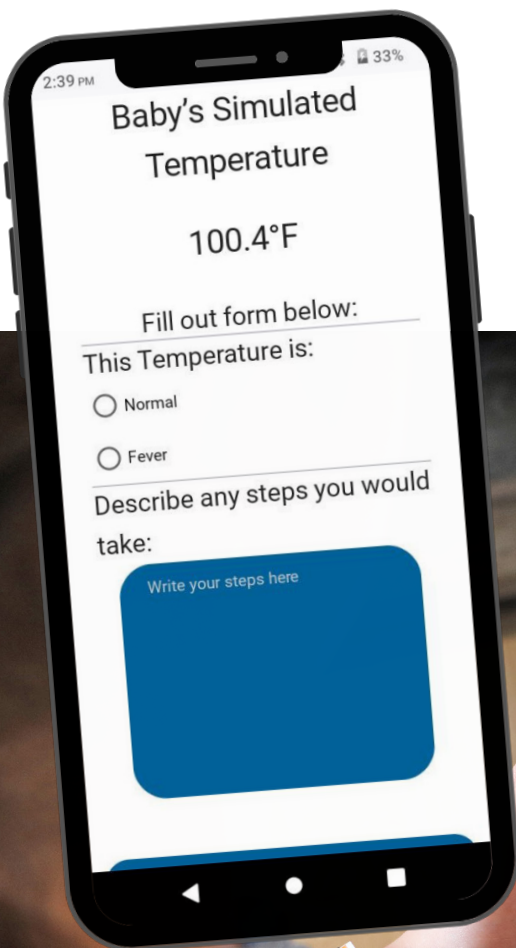
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RealCare Baby Guide App

What information can students find on the app?

The RealCare Baby Guide app has the following features:

- Real Time Status Information: The app will report when Baby is awake, asleep, in a care event, or in a mishandle event.
- Real Time Reporting: Students can see how they are doing on care events, view simulation progress, and mishandles to make mid-simulation corrections.
- Baby power status that tells students when Baby is powered on, resulting in less calls to instructors.
- Journaling capability with a notes section that can be exported and emailed at the end of a simulation.
- Random events/scenarios for student problem solving are sent to the app once a day during a simulation. Students answer the scenario or writing prompt in the notes section.
- Care event and mishandle event videos to help students with care.
- Safety instructions
- Temperature/Fever activity
- FAQs



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RealCare Baby Features

What are the new features of RealCare Baby 4?

Here is a summary of the exciting new features included in RealCare Baby 4:

Accountability:

- Seamless Bluetooth ID System – no more holding it up to Baby
- Control Center Software:
- Compatible with mixed population RealCare Baby 3 and Baby 4
- No communication device needed
- Start/end time schedules in 1-minute increments
- 30 schedules available
- Updated reporting

Updated Curricula:

- Basic Infant Care – high school
- Life Skills and Healthy Choices – middle school
- Baby Interaction:
- Voice recognition - responding to being talked to with babble

Care Events:

- Play time with toy rattle and giggle response
- Infant Health and Safety
- Tummy time when Baby is awake
- Safe sleep position when Baby is asleep
- Temperature/fever

Mishandle Event:

- Dangerous sound exposure

