



RealCare® Program: Basic Infant Care Curriculum Alignment to Infant-Toddler CDA Competency Standards



This alignment document demonstrates how the Realityworks *RealCare Program: Basic Infant Care Curriculum* meets the objectives of the Infant-Toddler CDA Competency Standards as listed in this document.

The *RealCare Program: Basic Infant Care Curriculum* features standards-based lessons designed to be used with and enhance the educational value of the RealCare Baby® infant simulator. It contains a teacher guide with detailed active learning lesson plans, slide presentations, and student materials. This curriculum was reviewed for alignment to the Infant-Toddler CDA Competency Standards.

Competency Standard I. To establish and maintain a safe, healthy learning environment	
Functional Area - Definition	Realityworks RealCare Program: Basic Infant Care Curriculum
Safe: Candidate provides a safe environment and teaches children safe practices to prevent and reduce injuries.	Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play
Healthy: Candidate provides an environment that promotes health and prevents illness and teaches children about good nutrition and practices that promote wellness.	Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play
Learning Environment: Candidate organizes and uses relationships, the physical space, materials, daily schedule, and routines to create a secure, interesting, and enjoyable environment that promotes engagement, play, exploration, and learning of all children including children with special needs.	Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play
Competency Standard II. To advance physical and intellectual competence	
Functional Area - Definition	Realityworks RealCare Program: Basic Infant Care Curriculum
Physical: Candidate uses a variety of developmentally appropriate equipment, learning experiences, and teaching strategies to promote the physical development (fine motor and gross motor) of all children.	Lesson 2 Infant and Toddler Development Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1 Lesson 14 RealCare Baby® Simulation Experience – Part 2

Cognitive: Candidate uses a variety of developmentally appropriate learning experiences and teaching strategies to promote curiosity, reasoning, and problem solving and to lay the foundation for all later learning. Candidate implements curriculum that promotes children's earning of important mathematics, science, technology, social studies, and other content goals.	Lesson 2 Infant and Toddler Development Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1 Lesson 14 RealCare Baby® Simulation Experience – Part 2
Communication: Candidate uses a variety of developmentally appropriate learning experiences and teaching strategies to promote children's language and early literacy learning and help them communicate their thoughts and feelings verbally and non-verbally. Candidate helps dual-language learners make progress in understanding and speaking both English and their home language.	Lesson 2 Infant and Toddler Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1 Lesson 14 RealCare Baby® Simulation Experience – Part 2
Creative: Candidate uses a variety of developmentally appropriate learning experiences and teaching strategies for children to explore music, movement, and the visual arts and to develop and express their individual creative abilities.	Lesson 2 Infant and Toddler Development Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play
Competency Standard III. To support social and emotional development and to provide positive guidance	
Functional Area - Definition	Realityworks RealCare Program: Basic Infant Care Curriculum
Self: Candidate develops a warm, positive, supportive, and responsive relationship with each child and helps each child learn about and take pride in their individual and cultural identity.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play
Social: Candidate helps each child function effectively in the group, learn to express feelings, acquire social skills, and make friends and promotes mutual respect among children and adults.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play
Guidance: Candidate provides a supportive environment and uses effective strategies to promote children's self-regulation and support acceptable behaviors and effectively intervenes for children with persistent challenging behaviors.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play

Competency Standard IV. To establish positive and productive relationships with families

Functional Area - Definition

Families: Candidate establishes a positive, responsive, and cooperative relationship with each child's family, engages in two-way communication with families, encourages their involvement in the program, and supports the child's relationship with their family.

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Lesson 1 The Important Role of the Caregiver
Lesson 4 Holding and Feeding
Lesson 5 Bathing and Diapering
Lesson 7 Attachment/Autonomy: Trust and Brain Development
Lesson 8 Nurture and the Importance of Play

Competency Standard V. To ensure a well-run, purposeful program that is responsive to participant needs

Functional Area - Definition

Program Management: Candidate is a manager who uses observation, documentation, and planning to support children's development and learning and ensure effective operation of the classroom or group. Candidate is a competent organizer, planner, record keeper, communicator, and a cooperative coworker.

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Lesson 1 The Important Role of the Caregiver
Lesson 2 Infant and Toddler Development
Lesson 4 Holding and Feeding
Lesson 5 Bathing and Diapering
Lesson 7 Attachment/Autonomy: Trust and Brain Development
Lesson 8 Nurture and the Importance of Play
Lesson 10 Alcohol, Drug Exposure, and Fetal Development
Lesson 15 Summary and Assessment

Competency Standard VI. To maintain a commitment to professionalism

Functional Area - Definition

Professionalism: Candidate makes decisions based on knowledge of research-based early childhood practices, promotes high-quality in childcare services, and takes advantage of opportunities to improve knowledge and competence, both for personal and professional growth and for the benefit of children and families.

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Lesson 1 The Important Role of the Caregiver
Lesson 2 Infant and Toddler Development
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