



RealCare® Program: Basic Infant Care Curriculum Alignment to the National Standards for Family and Consumer Sciences Education



This alignment document demonstrates how Realityworks' *RealCare Program: Basic Infant Care Curriculum* used with Realityworks' RealCare Baby® simulation meets the objectives of the National Standards for Family and Consumer Sciences Education as listed in this document.

The *RealCare Program: Basic Infant Care Curriculum* is a standards-based program designed to be used with and enhance the educational value of the accompanying simulation. The curriculum contains a teacher guide with detailed lesson plans, slide presentations, and student materials. This curriculum was reviewed for alignment to the National Standards for Family and Consumer Sciences Education.

Area of Study 4.0 - Education and Early Childhood	
National Standards for Family and Consumer Sciences Education	Realityworks RealCare Program: Basic Infant Care Curriculum
4.1 Analyze career paths within early childhood education and related services.	Lesson 1 The Important Role of the Caregiver Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 15 Summary and Assessment
4.2 Analyze developmentally appropriate and culturally responsive practices to plan for early childhood, education, and services.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1 Lesson 15 Summary and Assessment
4.3 Demonstrate integration of curriculum and instruction to meet developmental needs and interests of children, youth, and adults, considering gender, ethnicity, geographical, cultural, and global influences.	Lesson 2 Infant and Toddler Development Lesson 8 Nurture and the Importance of Play
4.4 Demonstrate a safe and healthy learning environment for children, youth, and adults.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 10 Alcohol, Drug Exposure, and Fetal Development Lesson 13 RealCare Baby® Simulation Experience – Part 1

4.5 Demonstrate skills for building and maintaining positive collaborative relationships with children, youth, and adults in their family and community environments, considering gender, ethnicity, geographical, cultural, and global influence.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1
4.6 Demonstrate professional practices and standards related to working with children, youth, and adults, including diverse populations.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1
Area of Study 12.0 - Human Development	
National Standards for Family and Consumer Sciences Education	Realityworks RealCare Program: Basic Infant Care Curriculum
12.1 Analyze principles of human growth and development across the life span.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 9 Pregnancy and Prenatal Development Lesson 10 Alcohol, Drug Exposure, and Fetal Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time Lesson 13 RealCare Baby® Simulation Experience – Part 1

12.2 Analyze conditions that influence human growth and development.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 9 Pregnancy and Prenatal Development Lesson 10 Alcohol, Drug Exposure, and Fetal Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time Lesson 13 RealCare Baby® Simulation Experience – Part 1
12.3 Analyze strategies that promote growth and development across the life span.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 9 Pregnancy and Prenatal Development Lesson 10 Alcohol, Drug Exposure, and Fetal Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time Lesson 13 RealCare Baby® Simulation Experience – Part 1
Area of Study 7.0 - Family and Human Services	
National Standards for Family and Consumer Sciences Education	Realityworks RealCare Program: Basic Infant Care Curriculum
7.1 Analyze career paths within family and human services.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome
7.2 Analyze factors in providing family and human services.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 11 Responsibilities Relating to Infant Care and Costs

7.3 Demonstrate professional behaviors, skills, and knowledge in providing family and human services.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development
7.4 Analyze the impact of conditions that could influence the well-being of individuals and families.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 9 Pregnancy and Prenatal Development Lesson 10 Alcohol, Drug Exposure, and Fetal Development Lesson 11 Responsibilities Relating to Infant Care and Costs Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time Lesson 13 RealCare Baby® Simulation Experience – Part 1
7.5 Evaluate services for individuals and families with a variety of conditions that could impact their well-being.	Lesson 3 Preventing Shaken Baby Syndrome Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 11 Responsibilities Relating to Infant Care and Costs
Area of Study 1.0 - Career, Community, and Family Connections	
National Standards for Family and Consumer Sciences Education	Realityworks RealCare Program: Basic Infant Care Curriculum
1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).	Lesson 11 Responsibilities Relating to Infant Care and Costs Lesson 15 Summary and Assessment
1.2 Demonstrate transferable knowledge, attitudes, and technical employability skills in school, community, and workplace settings.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 8 Nurture and the Importance of Play Lesson 13 RealCare Baby® Simulation Experience – Part 1

1.3 Evaluate the reciprocal effects of individual and family participation in community and civic activities.	N/A
Area of Study 13.0 - Interpersonal Relationships	
National Standards for Family and Consumer Sciences Education	Realityworks RealCare Program: Basic Infant Care Curriculum
13.1 Analyze functions and expectations of various types of relationships.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time Lesson 15 Summary and Assessment
13.2 Analyze personal needs and characteristics and their effects on interpersonal relationships.	Lesson 1 The Important Role of the Caregiver Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 5 Bathing and Diapering Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 11 Responsibilities Relating to Infant Care and Costs Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time Lesson 15 Summary and Assessment
13.3 Demonstrate communication skills that contribute to positive relationships.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 4 Holding and Feeding Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time
13.4 Evaluate effective conflict prevention and management techniques.	Lesson 7 Attachment/Autonomy: Trust and Brain Development
13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 6 Infant Emergency Care and First Aid Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time
13.6 Demonstrate standards that guide behavior in interpersonal relationships.	Lesson 1 The Important Role of the Caregiver Lesson 2 Infant and Toddler Development Lesson 3 Preventing Shaken Baby Syndrome Lesson 7 Attachment/Autonomy: Trust and Brain Development Lesson 12 The Reality Is... Impact of a Baby on Goals, Relationships, and Time