

FAMILY & CONSUMER SCIENCES



Once considered home economics, the field of Family and Consumer Sciences (FACS) is the comprehensive body of skills, research and knowledge that helps people make informed decisions about their well-being, relationships and resources to achieve optimal quality of life.⁽¹⁾

FACS GOALS⁽²⁾

1 Strengthen the well-being of individuals and families across the life span.

2 Become responsible citizens and leaders for family, community and work settings.

3 Promote optimal nutrition and wellness across the life span.

4 Manage resources to meet the material needs of individuals and families.

5 Balance personal, home, family, and work lives.

6 Use critical and creative thinking skills to address problems in diverse family, community, and work environments.

7 Foster successful life management, employment, and career development.

8 Function as providers and consumers of goods and services for families.

9 Appreciate human worth and accept responsibility for one's actions and success in family and work life.

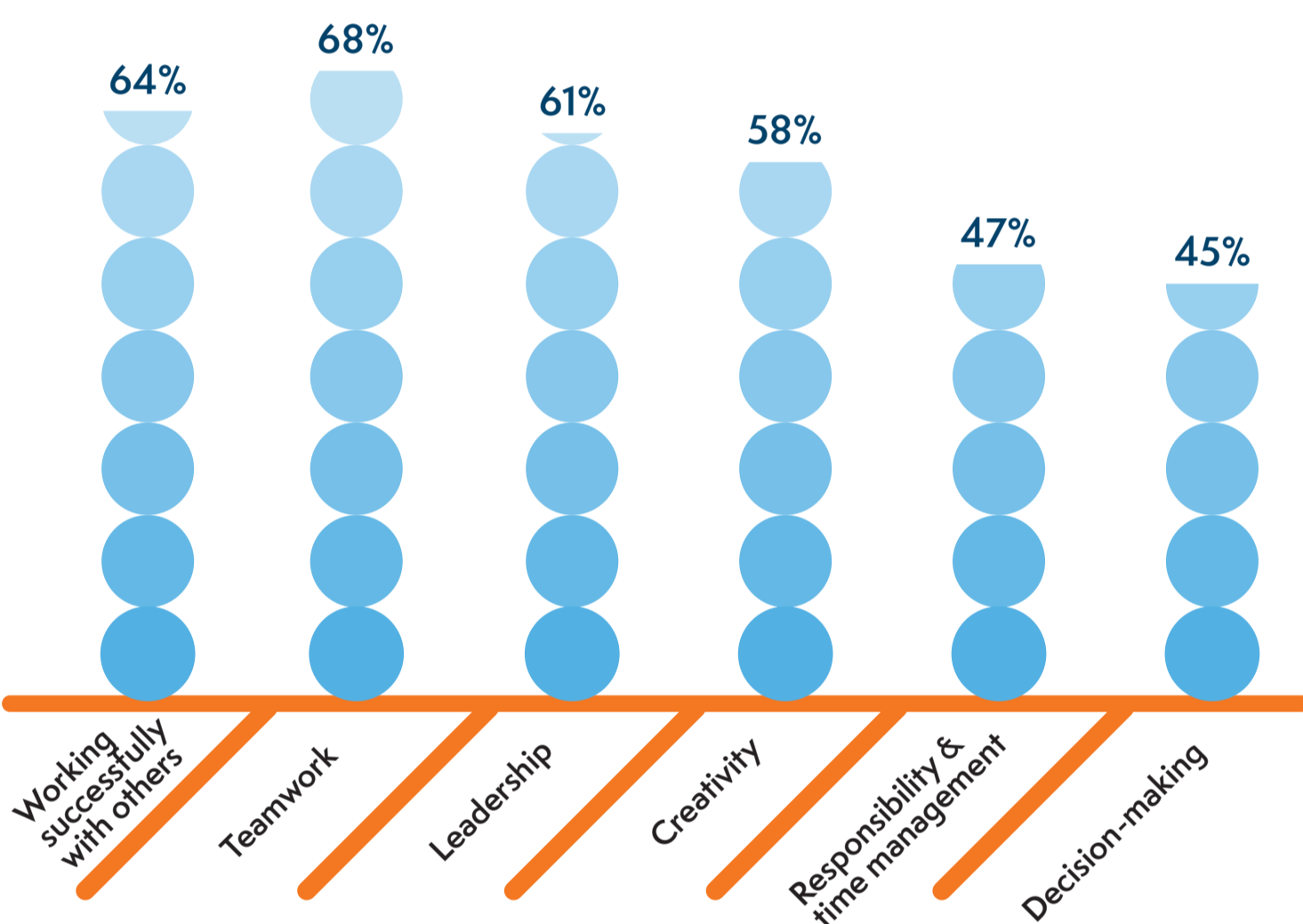
WHAT DOES FACS HAVE TO OFFER?

Family-centered Career & Technical Student Organizations (CTSO's)

Family, Career and Community Leaders of America (FCCLA) has more than 160,000 youth enrolled in FACS courses. It supports the development of employability skills and offers rich experiences that are critical for success. As the only CTSO with careers that support families as its central focus, FCCLA develops skills that last a lifetime, from creative and critical thinking to practical knowledge and career preparation.⁽³⁾

21ST CENTURY EMPLOYABILITY SKILL DEVELOPEMENT

Top 6 soft skills exhibited by FACS & FCCLA students ⁽³⁾:

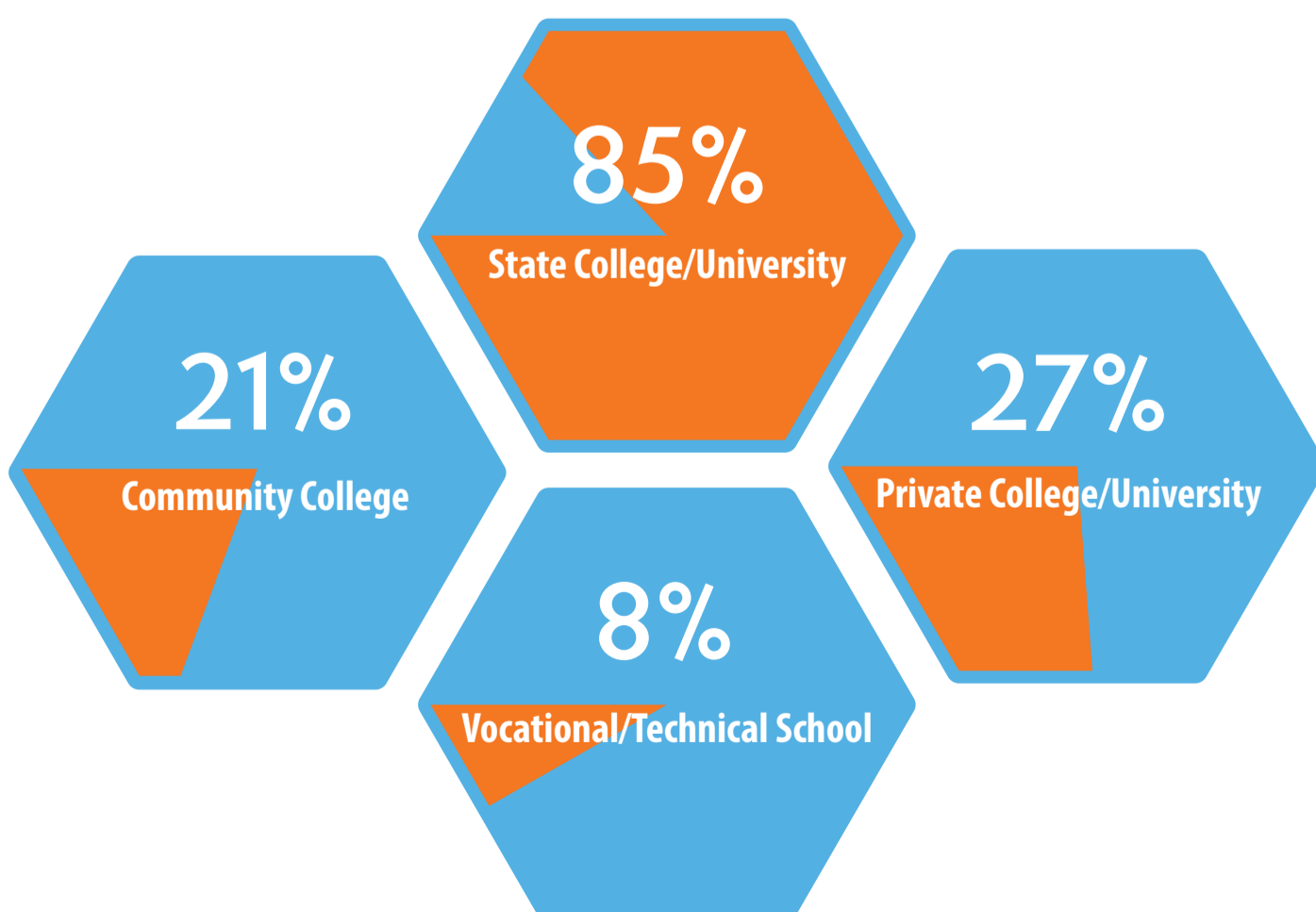


PREPARATION FOR IN-DEMAND CAREER PATHWAYS

- Culinary/Chef
- Child Care/Development
- Christian Services/Missionary
- Dental Health
- Equine Studies
- Fashion
- Interior Design
- Nursing/Health Care
- Physical Therapy
- Social Work/Human Services
- Teaching/Education
- Travel/Hospitality

ENCOURAGES POST-SECONDARY EDUCATION

Students engaged in FACS courses and FCCLA are more likely to pursue post-secondary schooling.⁽³⁾



Sources

1) <https://www.aafcs.org/about/about-us/what-is-fcs>

2) "Family and Consumer Sciences Education - Goals and Purposes, History of Family and Consumer Sciences Education, Issues Major Trends and Controversies." Adolescents, School, Children, and Adolescence, education.stateuniversity.com/pages/1976/Family-Consumer-Sciences-Education.html#ixzz5GF3HM56.

3) "FCCLA The Ultimate Leadership Experience." The Ultimate Leadership Experience for the 21st Century Workforce, 2017.

Check out Realityworks' products for **Family and Consumer Sciences**

STEP-BY-STEP PRINTING INSTRUCTIONS:

All PDF documents require the use of Adobe Acrobat Reader, which can be downloaded for free at www.adobe.com/products/acrobat/readstep2.html.


- 1) Open file in Adobe Acrobat
- 2) File -> Print
- 3) Under Page Size & Handling, highlight the Poster button
 - a. Select tile scale of 100%
 - b. Select an overlap of 0.005 in
 - c. Select poster orientation of Portrait
- 4) Click the Page Setup button at the bottom of the page
 - a. Select paper size to 11 x 17
- 5) Check your Printer Properties by clicking the Properties button after the printer name to ensure
 - a. Color printing is enabled
 - b. Single-sided printing is selected
 - c. Page size is selected as 11 x 17
- 6) Click the Print button at the bottom of the page
- 7) Cut out printed poster and tape 4 printed pages together



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FAMILY & CONSUMER SCIENCE

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FACS GOALS⁽²⁾

1 Connect the self and others and families across the lifespan.

WHAT DOES FACS HAVE TO OFFER?

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Family-centered Career & Technical Student Organizations (CTSOs)

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2 Boost income and create wealth for family members and work settings.

21ST CENTURY EMPLOYABILITY SKILL DEVELOPMENT

Top 5 soft skills exhibited by FACS & FCCCLA students⁽⁴⁾

Skill	Percentage
Teamwork	64%
Communication	68%
Leadership	61%
Problem Solving	58%
Self-management	47%
Flexibility	45%

3 Practice essential workplace and life skills.

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- Culinary/Chef Development
- Interior Design
- Child Care/Development
- Nursing/Health Care
- Christian Services/Missionary
- Physical Therapy
- Dental Health
- Social Work/Human Services
- Equine Studies
- Teaching/Education
- Fashion
- Travel/Hospitality

4 Develop attitudes to create the foundation of citizenship and leadership.

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ENCOURAGES POST-SECONDARY EDUCATION

Students engaged in FACS courses and FCCCLA are more likely to pursue post-secondary schooling.⁽⁵⁾

5 Learn essential skills, such as critical and creative thinking skills, to solve problems and overcome workplace barriers.

Students engaged in FACS courses and FCCCLA are more likely to pursue post-secondary schooling.⁽⁵⁾

Institution	Percentage
State College University	85%
Private College University	27%
Vocational/Technical School	8%
Community College	21%

6 Gain critical and creative thinking skills to solve problems and overcome workplace barriers.

7 Gain essential 21st-century workplace and career development.


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