

Infant Airway Obstruction Emergency Procedures

Curriculum Overview

Designed for:

- Middle school or high school students
- Community Education (parenting classes, fathers or male partners groups, daycare providers, babysitter training)
- Public Health Organizations (public service, and other public health agencies)
- Clinical Education (prenatal classes, post-natal classes, nursing classes, First Responder training)

Length:

This one-lesson curriculum is designed to be used with the RealCare Choking Baby. The three activities in the lesson take approximately 45 minutes to complete.

Goal:

Choking accounts for more than 3,000 deaths each year. It is the number one cause of infant death. The recognition and proper steps in a choking emergency can save the life of a child. The goal is to learn how to handle an infant choking emergency and save lives.

Synopsis:

This curriculum introduces the RealCare Choking Baby. It presents documented information about the steps to take for handling an infant airway obstruction emergency. The RealCare Choking Baby is an instructional aid created to help provide valuable hands-on practice of infant airway obstruction skills.

Designed and developed by health education and curriculum specialists, this curriculum includes pre- and post-summative assessments. The lesson and activities include objectives, materials required and approximate class time. U.S. National Health Education Standards and Family and Consumer Sciences supported are listed.

Issues Addressed:

- Identify objects that can cause choking in an infant or toddler
- Explain why abdominal thrusts (the Heimlich maneuver) should not be used on an infant
- Explain and demonstrate the proper procedures a caregiver should administer in a choking emergency situation

Curriculum Components:

- Teacher's Guide— complete lesson, including detailed steps of activities, time and materials needed, student worksheets, and instructor information for each lesson
- Student Materials— Adobe® Acrobat® PDF files of all student activity sheets and homework assignments
- Survey and Assessment Tools – to track student knowledge and attitudes prior to and after the learning experience, including summative assessments with answer keys
- Microsoft PowerPoint® presentation slides, in PowerPoint® and Acrobat® PDF formats for creating overhead transparencies if you don't have PowerPoint®
- Hyperlinks to web sites with additional information on the topic being discussed, and resource lists of web sites and other materials for additional information.

Learning Objectives:

Lesson – Emergency Infant CPR

- Identify objects that can cause choking in an infant or toddler
- Explain why abdominal thrusts (the Heimlich maneuver) should not be used on an infant
- Explain and demonstrate the proper procedures a caregiver should administer in a choking emergency situation