

CNA Skills Sim Kit: Focus on Mobility Impairment

Scenario Guide Overview

Designed for:

- High school students
- Post-secondary courses in health care
- Certified Nursing Assistant training courses
- In-service training for nursing home facilities

Length:

The activities in this scenario kit will last approximately 3 hours. With supplemental materials, the scenarios can be adapted to a longer block of time.

Goal:

To help participants learn about three different mobility impairment scenarios: dressing and grooming a patient with a mobility impairment, ambulating a patient with a mobility impairment, and assistance feeding a patient with a mobility impairment. This will also help participants gain a sense of empathy and sensitivity to the challenges mobility impairments have on daily life.

Synopsis:

The purpose of this scenario guide is to have students experience mobility impairments both from the patient and the health care worker points of view. The first scenario helps to understand the impact that mobility impairment has on dressing and grooming, as well as how to assist a patient with a mobility impairment. The second scenario demonstrates the impact that mobility impairment has on ambulation and how to ambulate a patient with a mobility impairment. The third scenario demonstrates the impact that mobility impairment has on eating and how to assist with feeding a patient with a mobility impairment and impaired swallowing.

Scenario Sim Kit Components:

- Scenario guide – including detailed steps of activities, time and materials needed, student handouts and instructor information
- Scenario materials
- Recommended environmental props
- Student assessments

Learning Objectives:**Scenario 1: Dressing and Grooming**

- Verbalize empathy for a patient with a mobility impairment
- Safely assist a patient with a mobility impairment in completing dressing and grooming

Scenario 2: Ambulation

- Verbalize empathy for a patient with a mobility impairment
- Safely ambulate a patient with a mobility impairment

Scenario 3: Feeding Assistance

- Verbalize empathy for a patient with a mobility impairment
- Safely assist with feeding a patient with a mobility impairment and impaired swallowing