

Learning Aid: Shaken Baby

Recommended Lesson: *Lesson 3: How to Soothe a Crying Infant*

Required Materials:

- *Why Do Infants Cry?* worksheet
- *5 S's of Soothing an Infant* worksheet
- *How to Soothe a Crying Infant* slide presentation (printed out)
- Shaken Baby simulator
- Swaddling blanket

Steps:

FOCUS:

1. Complete the *Why Do Infants Cry?* worksheet. This will be a good time to brainstorm all of the reasons you think babies cry.
2. Complete the left side of the *5 S's of Soothing an Infant* worksheet.

LEARN:

1. Read over the *How to Sooth a Crying Infant* slide presentation, taking notes on the parts you find interesting. Pay attention to why infants cry and strategies for soothing crying infants.
2. As you read through the slides, fill out the right side of the *5 S's of Soothing an Infant* worksheet.

REVIEW:

1. Now you will practice one of the five ways to sooth an infant, swaddling. Lay the swaddling garment on a table or the floor (flat surface).
2. Take the Shaken Baby simulator and turn it on using the button on the back of the simulator. You will hear it click and the simulator will start crying.
3. Using what you have learned on slides 10 and 11 about how to swaddle an infant, put the Shaken Baby in the swaddling garment.
4. After the garment is secure, pick the Shaken Baby simulator up and rock it gently back and forth. The simulator should stop crying.