

Lower Extremity Dislocation Trainer

Curriculum Overview

Designed for:

- Middle school students
- High school students
- Post-secondary students

Length:

This three-hour curriculum is comprised of two lessons. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help teach students about lower extremity dislocations, what causes them, how to assess them, and treatment options.

Synopsis:

This curriculum introduces the Lower Extremity Dislocation Trainer and presents information about the causes and assessments of patella and ankle dislocations. The curriculum provides activities and discussions designed to educate participants about lower extremity dislocations. The lessons and activities include objectives, materials required, and approximate class time.

Curriculum Components:

- Curriculum
- Student materials
- Slide presentations

Learning Objectives:

Lesson 1 – Patellar Dislocations

- Understand the causes of patellar dislocations
- Explain how to evaluate a possible patellar dislocation
- Understand how to reduce and treat patellar dislocations

Lesson 2 – Ankle Dislocations

- Understand the causes of ankle dislocations
- Explain how to evaluate a possible ankle dislocation
- Understand the emergency care for ankle dislocations