

Physical Health Career Exploration Curriculum



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Curriculum Structure

The *Physical Health Career Exploration* curriculum is composed of the following lessons. Approximate lesson times are included.

Lesson	Title	Approximate Time
One	Certified Nursing Assistant	60 minutes
Two	EMT	80 minutes
Three	Medical Assistant	80 minutes
Four	Physical Therapist	85 minutes
Five	Registered Nurse	85 minutes
	Total	6.5 hours

Lesson Structure

Each lesson begins with a Lesson Overview, Lesson Objectives, and a Lesson at a Glance table which lists the lesson activities, materials required, suggested preparation steps, and approximate class time.

Lesson Sections

The actual lesson follows the overview, which will contain some of the sections described below.

FOCUS

Every lesson begins with a FOCUS activity intended to capture participants' attention. This may be in the form of a small or large class discussion, a game, a review of previous lesson information, or a demonstration. During this activity, participants are introduced to the topic of the lesson.

LEARN

The LEARN activity in each lesson varies in its presentation mode. It may be a slide presentation, group activity, or demonstration.

REVIEW

The majority of lessons end with a REVIEW activity intended to briefly review the lesson's key messages or main points.

Lesson One – Certified Nurse Assistant

Lesson Overview

In this lesson, participants will explore what it is like to be a Certified Nursing Assistant (CNA). Participants will learn about typical job duties, pay, job outlook, and potential for working in this position and using as a springboard to other health science careers.

Lesson Objectives

After completing this lesson, participants will be able to:

- Understand the job duties of a CNA
- Compare and contrast the roles and requirements of a Certified Nursing Assistant vs. a Home Health Aide
- Discuss the impact and job outlook for Certified Nursing Assistants

Lesson at a Glance

Activity	Materials	Preparation	Approximate class time
FOCUS	• “What is a CNA?” videos	1. Prepare to show the video	5-10 minutes
LEARN	• Career Collage handout • CNA and Home Health Aide video links	1. Print/photocopy Career Collage handout 2. Prepare to play videos	20 minutes
REVIEW	• Act It Out handout • Certified Nursing Assistant Career Skit Rubric • Props for skits • Timer	1. Print/copy the Act It Out handout 2. Have participants access the Certified Nursing Assistant Career Skit Rubric	25-45 minutes

Lesson One –Working as a Certified Nursing Assistant

FOCUS: What is it?

5-10 minutes

Purpose:

Understanding the definition of a Certified Nursing Assistant is the first step here. Participants will have a greater understanding of what a CNA does on the job.

Materials:

- “What is a CNA?” videos

Facilitation Steps:

1. Share these statistics with the participants:
Overall employment of nursing assistants and orderlies is projected to grow 8 percent from 2020 to 2030, about as fast as the average for all occupations.

About 192,800 openings for nursing assistants and orderlies are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.
2. Ask participants for what they think are the benefits of working as a CNA. Explain that they are going to watch a short video that introduces them to what a certified nursing assistant is.
3. On a white board make a K-W-L chart. Ask for participants to identify what they already know about being a CNA. Also have them identify what they would like to learn.
4. Play the “What is a CNA?” video. There are several to choose from.

<https://www.youtube.com/watch?v=An25oMcztac>

<https://www.youtube.com/watch?v=CYtNWWR6Roo>

<https://www.youtube.com/watch?v=2zRm1zVAFP8>

<https://www.youtube.com/watch?v=zMEqsG90ZTw>

5. Other video clips may be searched for on YouTube using keywords like “CNA or certified nursing assistant.”
6. Return to your K-W-L chart. Ask for volunteers to fill in the column “L” identifying what they have learned by watching the video clips you have shared.

Lesson One – Working as a Certified Nursing Assistant

LEARN: Would You Rather...

20 minutes

Purpose:

Participants will reflect on two different career paths that are similar for CNAs. They will research to assess the subtle differences between the two paths

Materials:

- *Career Collage* handout
- CNA and Home Health Aide video links

Facilitation Steps:

1. Give participants the *Career Collage* handout. Ask participants what they think a career collage might look like for either of the two paths given.
2. Explain that each participant will choose one of the two career paths listed, certified nursing assistant or home health aide.
3. Explain to participants that they will have about fifteen minutes to research the career and take some notes.
4. Debrief as a class. Ask participants to identify which path they preferred. Was there a big difference in the number of participants choosing one over the other? Why or why not?
5. Share these videos on each path or share some of your own.

CNA

<https://www.youtube.com/watch?v=fnrUr6uPBqs>

Home Health Aide

<https://www.youtube.com/watch?v=NKeSQSwVtYc>

Career Collage

Directions: Choose one of the two careers listed below. Use the space provided to research key facts about the career. Collect as much information as possible

Career Options:

- **Certified Nursing Assistant or Home Health Aide**

Main Duties:	Required Training:
Job Outlook:	Other:

Which career option would you choose (CNA or home health aide) and why?

Lesson One – Working as a Certified Nursing Assistant

REVIEW: Walking in CNA Shoes.

25-45 minutes

Purpose:

The purpose of this activity is to have participants walk in the shoes of a CNA through role play.

Materials:

- *Act It Out* handout
- *Certified Nursing Assistant Career Skit Rubric*
- Props for skits
- Timer

Facilitation Steps:

1. Divide the class into six small groups. Give each group one of the *Act It Out* handouts. Explain to participants that they should use the information on the handout and their own research to create a short skit about A Day in the Life of a CNA. Have participants access the *Certified Nursing Assistant Career Skit Rubric* so they understand what they will be held accountable for.
2. Supervise participants as they prepare their skits. Provide help with finding research online if they have additional questions that are not detailed on the *Act It Out* handout. Encourage them to outline scenarios in the skit that show a true reflection of the job.
3. After participants have finished preparing their skits, have each group act it out.
4. Following each skit, discuss that group's specific scenario. Allow participants to ask questions about that career scenario to those group members.

Act It Out

Certified Nursing Assistant

Major responsibilities:

- Turning or moving patients
- Gathering medical supplies
- Bathing patients
- Grooming patients by brushing their hair, teeth, shaving them, etc.
- Feeding patients and documenting their food and liquid intake
- Checking vital signs such as blood pressure and heart rate
- Answering patient calls
- Documenting information
- Cleaning rooms and bed linens
- Stocking supplies
- Assisting with some medical procedures
- Safety procedures
- Transporting patients
- Taking care of wounds

Add more in the space below:

Certified Nursing Assistant Career Skit Rubric

	Excellent 4 points	Good 3 points	Average 2 points	Needs Improvement 1 point	Total
Accuracy	All information is accurate	Almost all information is accurate	Most information accurate	Very little information is accurate	
Role	Excellent teamwork in skit presentation – responsibility is evenly shared	Good teamwork in presentation but one person had a bit more responsibility	Fair teamwork with one member responsible for a majority of the presentation	Little or no teamwork exhibited	
Knowledge	The skit shows a thorough understanding of all job responsibilities	The skit shows a fairly clear understanding of job responsibilities	The skit shows only a partial understanding of the job responsibilities	The skit does not reflect knowledge of the job responsibilities	
Creativity	Used several props and added several visuals like photos or animations	Used one prop and one visual effect	Used a prop or visual effect	Used no props or visual effects	
Required Elements	The scenario in the skit is appropriate for the job	The scenario for the skit is mostly appropriate for the job	Half of the skit scenario does not apply to the job	The scenario is off the mark entirely	

20 points 100%

15 points 75%

10 points 50%

Total _____

Lesson Two – EMT

Lesson Overview

In this lesson, participants will explore a career as an Emergency Medical Technician. Participants will learn about typical job duties, pay, job outlook and potential relating to this career area.

Lesson Objectives

After completing this lesson, participants will be able to:

- Identify what EMTs do
- Compare and contrast the roles and requirements of EMT vs. paramedic
- Discuss the impact of EMT professionals

Lesson at a Glance

Activity	Materials	Preparation	Approximate class time
FOCUS	• Videos of EMT careers • <i>A Day in the Life of an EMT</i> handout	1. Print/photocopy the <i>A Day in the Life of an EMT</i> handout	10-15 minutes
LEARN	• <i>Creating an Infographic: What's the EMT Buzz?</i> handout • Plain white paper • Markers • Internet access	1. Have participants access the <i>Creating an Infographic: What's the EMT Buzz?</i> 2. Model infographic sample websites.	45 minutes
REVIEW	• <i>Being an EMT Is/Is Not the Career Field for Me</i> • Infographics created and posted by participants in the Learn portion of the lesson	1. Print/photocopy the <i>Being an EMT Is/Is Not the Career Field for Me</i>	20 minutes

Lesson Two – Working as an EMT

FOCUS: What is an Emergency Medical Technician?

10-15 minutes

Purpose:

Emergency Medical Technicians provide out of hospital emergency medical care and transportation for critical and emergent patients who access the emergency medical services (EMS) system. EMTs have the basic knowledge and skills necessary to stabilize and safely transport patients ranging from non-emergency and routine medical transports to life threatening emergencies. Emergency Medical Technicians are a critical link between the scene of an emergency and the health care system. Participants gain an overview of what this career entails.

Materials:

- Videos of EMT careers
- *A Day in the Life of an EMT* handout

Facilitation Steps:

1. Share these statistics with the participants:
Employment of EMTs and paramedics is projected to grow 11 percent from 2020 to 2030, faster than the average for all occupations.

About 20,700 openings for EMTs and paramedics are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.

Quick Facts: EMTs and Paramedics

2020 Median Pay \$36,650 per year

\$17.62 per hour

Number of Jobs, 2020 261,300

Job Outlook, 2020-30 11% (Faster than average)

Employment Change, 2020-30 28,600

2. Ask participants what they think a typical day is like in the life of an EMT. Have participants access the *A Day in the Life of an EMT*. Have them complete the column about what they already know and what they would like to know about an EMT career.

2. Play one or all of the following videos:

Becoming an EMT

<https://www.youtube.com/watch?v=Zf8bGNZWz9s>

What Does an EMT Do?

<https://www.youtube.com/watch?v=mO7N1MPgWsY>

A Day in the Life of an EMT

<https://www.youtube.com/watch?v=HxZ1xGg54dY>

Have them complete the third column identifying what they have learned in the video clips.

A Day in the Life of an EMT

Directions: Identify what you already know about being an EMT, what you want to know and what you have learned during the lesson.

Know	Want to Know	Learned

Lesson Two – Working as an EMT

LEARN: EMT Infographic

45 minutes

Purpose:

The purpose of this activity is to have participants better understand what an EMT does.

Materials:

- *Creating an Infographic: What's the EMT Buzz?* handout
- Plain white paper
- Markers
- Internet access

Facilitation Steps:

1. Give participants the *Creating an Infographic: What's the EMT Buzz*. Explain to participants that they will make a digital infographic about this career.
2. Share a sample infographic so they understand the look and feel of a typical infographic.
<https://www.ems.gov/pdf/nhtsaoemsambulanceinfographic.pdf>
<https://www.petersons.com/blog/prepare-for-a-career-as-an-emergency-medical-technician-emt/>
3. Encourage participants to make sure their infographics include the required information. Using color, images, and a unique layout will make the infographic visually appealing for others.

4. Have participants print and post their infographics in a conspicuous location for use during the **Reflection** part of the lesson. Allow time for participants to view infographics created by their peers.

Creating an Infographic: What's the EMT Buzz?

What is an infographic?

An infographic is a collection of pictures, charts, and text that gives an easy-to-understand overview of a topic.

As you prepare to make your infographic digitally, use the Internet to research the following information:

- ☐ Careers in Emergency Medical Services, specifically EMT
- ☐ Education requirements
- ☐ Primary duties/ responsibilities
- ☐ Professional organizations
- ☐ Work environment

Other requirements:

- ☐ At least one image or chart
- ☐ Neatness
- ☐ Use of some color
- ☐ Creative layout
- ☐ Large enough fonts ease of reading information

Lesson Two – Working as an EMT

REVIEW: Reflection

20 minutes

Purpose:

Participants will reflect on a career as an EMT. They will conduct a gallery walk to reflect on key information about this career path.

Materials:

- *Being an EMT Is/Is Not the Career Field for Me* handout
- Infographics created and posted by participants in the **Learn** portion of the lesson

Facilitation Steps:

1. Have participants access the *Being an EMT Is/Is Not the Career Field for Me* handout.
2. As participants walk through the gallery and look at different participants' infographics, they will respond to facts they observe on the infographic. Based on the number of participants/infographics to review, provide about 15 minutes for this activity.
3. Once participants have completed *Being an EMT Is/Is Not the Career Field for Me*, provide an opportunity for them to discuss what they recorded in each section.
4. Allow participants to share their thoughts about a career in this field before wrapping up this lesson. Specific questions might include: What would you enjoy? What would you find the most challenging?

Being an EMT Is/Is Not the Career Field for Me

Directions: Record information from the infographics in the spaces provided. Circle in the title if a career as an EMT is or is not for you.

This is interesting!	Shocking Info?!?!?!?	Is this for Real?
I want to know more about this:	This sounds like something I would like:	I am not too sure about this:
I have a question:	I want to remember this:	Other (you choose):

Lesson Three – Medical Assistant

Lesson Overview

Medical assistants work alongside physicians, mainly in outpatient or ambulatory care facilities, such as medical offices and clinics. Medical assistants are cross trained to perform administrative and clinical duties. This lesson will provide a thorough introduction to this career opportunity.

Lesson Objectives

After completing this lesson, participants will be able to:

- Identify careers related to being a medical assistant
- Identify the job duties of medical assistants
- Discuss the impact of medical assistants

Lesson at a Glance

Activity	Materials	Preparation	Approximate class time
FOCUS	• Medical Assistant video links • <i>Pros and Cons</i> handout	1. Print/photocopy the <i>Pros and Cons</i> handout	15 minutes
LEARN	• <i>Medical Assistant for a Day</i> handout • Internet access	1. Print/photocopy the <i>Medical Assistant for a Day</i> handout	45 minutes
REVIEW	• <i>Medical Assistant Investigation Station</i> handout • Additional video links	1. Print/photocopy the <i>Medical Assistant Investigation Station</i> handout	20 minutes

Lesson Three – Being a Medical Assistant

FOCUS: Where do Medical Assistants Work?

15 minutes

Purpose:

Medical assistants work alongside physicians, mainly in outpatient or ambulatory care facilities, such as medical offices and clinics. Participants gain an overview of this career.

Materials:

- Medical Assistant video links
- *Pros and Cons* handout

Facilitation Steps:

1. Share these statistics with the participants:

Employment of medical assistants is projected to grow 18 percent from 2020 to 2030, much faster than the average for all occupations.

About 104,400 openings for medical assistants are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.

The median annual wage for medical assistants was \$35,850 in May 2020. The median wage is the wage at which half the workers in an occupation earned more than that amount, and half earned less. The lowest 10 percent earned less than \$26,930, and the highest 10 percent earned more than \$50,580.

2. Give participants the *Pros & Cons* handout.
3. Play one or all of the following videos:

Medical Assistant Work Environment

<https://www.youtube.com/watch?v=f-J6iltM3yw>

The MOST & LEAST STRESSFUL specialties to work for medical assistant job + Which one pays 💰 more?

https://www.youtube.com/watch?v=aSr_NrHwWUo

Medical Assistant Career – is it right for you?

<https://www.youtube.com/watch?v=JQkWw9Mz9g>

4. After the video is done, go through the *Pros & Cons* handout and ask participants to share what they have learned about. If participants need to do more research, allow for time.

Optional: Share this video if time permits:

The Pros and Cons of Being a Medical Assistant

<https://www.youtube.com/watch?v=Y4J6XqkjKTU>

Pros & Cons: Medical Assistant Career

Directions: Record pros and cons for this career in the respective spaces.

Medical Assistant: _____	
Pros:	Cons:

Lesson Three – Being a Medical Assistant

LEARN: Medical Assistant for a Day

45 minutes

Purpose:

The purpose of this activity is to have participants understand what it is like to work as a medical assistant.

Materials:

- *Medical Assistant for a Day* handout
- Internet access

Facilitation Steps:

1. Share the following interview with participants:
<https://www.youtube.com/watch?v=6jbS5bLzQoU>
<https://www.youtube.com/watch?v=HPMeuVwIB3A>
<https://www.youtube.com/watch?v=TohOx2fqy34>
<https://www.youtube.com/watch?v=l7WdjFh0O5w>
2. Give participants the *Medical Assistant for a Day* handout.
3. Explain to participants that using the internet and their knowledge, they will create a detailed journal for what their day might be like on the job as a medical assistant.
4. Encourage participants to make sure their detailed journal entries contain accurate information for that occupation.
5. Divide participants into groups of four and have them discuss their detailed journal entries.

Medical Assistant for a Day

Use the space provided to record the details of your day as a medical assistant. Use personal knowledge and the Internet information to make your journal sound as interesting and accurate as possible.

[illegible]

Lesson Three – Being a Medical Assistant

REVIEW: Reflection

20 minutes

Purpose:

Participants will reflect on what a career as a medical assistant would be like. They will complete a short research project to learn more about this career.

Materials:

- *Medical Assistant Investigation Station* handout
- Additional video links

Facilitation Steps:

1. Give participants the *Medical Assistant Investigation Station* handout.
2. Instruct participants to complete a short research project to learn more about a career in this field.
3. Once participants have completed the *Medical Assistant Investigation Station* handout, have them discuss what they recorded in each handout section.
4. Allow participants to share their thoughts about a career in this area before wrapping up this lesson. Specific questions can be: What would you find most interesting? What would be the most challenging for you?
5. If time allows, share additional videos on careers as a Medical Assistant.

A Day in the Life of a Medical Assistant

<https://www.youtube.com/watch?v=xYQQqx25M0Y>

A Week in the Life of a Medical Assistant

<https://www.youtube.com/watch?v=Qxqp6Bn2M90>

What Does a Medical Assistant Do?

https://www.youtube.com/watch?v=gDW7_AWB8w

There are many more videos available when searching YouTube.

Medical Assistant Investigation Station

Directions: Use the Internet to research more about a career as a medical assistant.

Title:	Job Description (list at least 3 requirements): 1. 2. 3. 4. 5.
Required Training:	Job Outlook - What Does the Future Look Like?

Lesson Four – Physical Therapist

Lesson Overview

A physical therapist is a health care professional that diagnoses and treats patients for conditions that limit their mobility for everyday tasks. They consult with patients to gain information about their medical history and symptoms to better develop a treatment plan. They also teach their patients proper therapeutic exercise techniques to promote movement. Participants will participate in a variety of activities to better understand the

Lesson Objectives

After completing this lesson, participants will be able to:

- Identify careers relating to physical therapy
- Discover what typical job duties are for physical therapists
- Discuss the impact of physical therapists on patients

Lesson at a Glance

Activity	Materials	Preparation	Approximate class time
FOCUS	• Physical therapy video links • Occupation Profile	1. Print/photocopy the <i>Occupation Profile</i> handout	15-20 minutes
LEARN	• A Day in the Life of ____ handout • Occupational Profile handout • Markers	2. Print/photocopy the <i>A Day in the Life</i> ____ handout	45 minutes
REVIEW	• <i>Why Do They Matter?</i> handout	1. Give participants the <i>Why Do They Matter?</i> handout	10 minutes

Lesson Four – Physical Therapy Careers

FOCUS: Occupation Profile

15-20 minutes

Purpose:

Careers relating to physical therapy are varied. To better understand the careers that fall into this category, let's complete the Occupation Profile.

Materials:

- Physical Therapy video links
- *Occupation Profile*

Facilitation Steps:

1. Share these statistics with the participants:
Employment of physical therapists is projected to grow 21 percent from 2020 to 2030, much faster than the average for all occupations.

About 15,600 openings for physical therapists are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.

The median annual wage for physical therapists was \$91,010 in May 2020.

2. Give participants the *Occupation Profile* handout. They should complete the information about this career highlighted in the videos or research the information on their own.

3. Play these videos:

What is a Physical Therapist?

<https://www.youtube.com/watch?v=waDJloQ0SXg>

What Does a Physical Therapist Do?

https://www.youtube.com/watch?v=XjurB2aJD_k

Physical Therapy Career Video

<https://www.youtube.com/watch?v=FOF71Lb5SkA>

4. After participants complete the *Occupation Profile* handout, have them share their answers. Explain to participants that they will use their *Occupation Profile* handout in the **Learn** portion of the lesson.

Occupation Profile -

Physical Therapist Related Career

Job Title:

Job Outlook:

Typical Duties:

Salary:

Required Education:

Lesson Four – Physical Therapy Careers

LEARN: A Day in the Life of...

45 minutes

Purpose:

The purpose of this activity is to have participants better understand what a typical day is like in the life of a physical therapist.

Materials:

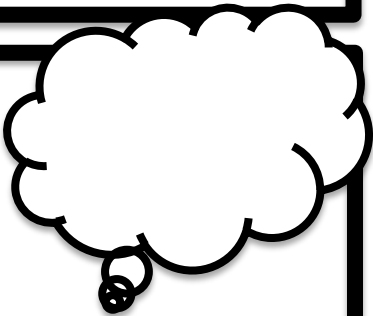
- *A Day in the Life of* ____ handout
- *Occupational Profile* handout
- Markers

Facilitation Steps:

1. Give participants the *A Day in the Life of* ____ handout
3. Have participants use their completed *Occupational Profile* handouts to create a comic strip that combines info about a typical day for physical therapists.
4. Have participants create their comic strip using the *A Day in the Life* ____ handout. Alternatively, they may create a comic strip layout on plain paper if desired.
5. Have participants share their finished comic strips aloud. Then have them post their comic strips in a public place in the room.

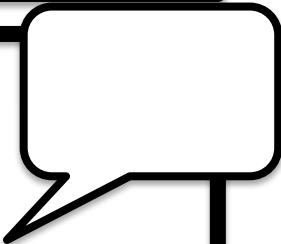
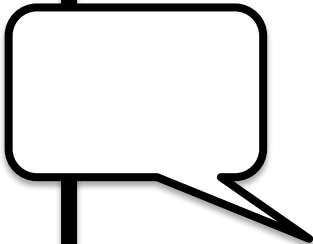
A Day in the Life of _____:

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Lesson Four – Physical Therapy Careers

REVIEW: Reflection

10 minutes

Purpose:

Participants will reflect on physical therapy careers.

Materials:

- *Why Do They Matter?* handout

Facilitation Steps:

1. Review the career information observed throughout the lessons.
2. Explain to participants that they are going to reflect on their learning throughout this lesson.
3. Have participants access *Why Do They Matter?* handout. Discuss the instructions and allow participants to ask any questions.
4. Allow participants to complete the *Reflection* part of the lesson.
5. Take time to review the participants' answers. Allow participants to share what they learned about becoming a physical therapist.

Why Do They Matter?



Directions: In the space provided, write at least five sentences about the benefits or advantages to patients because of physical therapists.

Lesson Five – Registered Nurse

Lesson Overview

A registered nurse (RN) is a licensed medical professional who provides hands-on care in different medical and community settings. This includes hospitals, doctor's offices, nursing homes, prisons, long-term care facilities, homes, and other facilities. In many ways, RNs form the backbone of the U.S. healthcare system. They perform a range of duties and work directly with patients, doctors, and other healthcare professionals. This lesson will explore these duties.

Lesson Objectives

After completing this lesson, participants will be able to:

- Identify careers available to registered nurses
- Understand the duties performed by registered nurses
- Discuss the impact of registered nurses on patients

Lesson at a Glance

Activity	Materials	Preparation	Approximate class time
FOCUS	• <i>Educated Guesses</i> handout • <i>Educated Guesses</i> – Answer Key	1. Print/photocopy the <i>Educated Guesses</i> handout	10-15 minutes
LEARN	• <i>Job Search 101</i> handout • Video links • Internet access	1. Prepare links for viewing. 2. Print/photocopy the <i>Job Search 101</i> handout	45 minutes
REVIEW	• <i>Training 101</i> • Internet Access	1. Print/photocopy the <i>Training 101</i> handout	20 minutes

Lesson Five – Becoming a Registered Nurse

FOCUS: Educated Guesses

10-15 minutes

Purpose:

RNs provide and coordinate patient care. They also provide education to patients and the public about illnesses, diseases, and health conditions. They're licensed medical professionals who work with patients, doctors, and other health care workers. Participants will learn more about this honorable occupation.

Materials:

- *Educated Guesses* handout
- *Educated Guesses* – Answer Key

Facilitation Steps:

1. Share these statistics with the participants:
Employment of registered nurses is projected to grow 9 percent from 2020 to 2030, about as fast as the average for all occupations.

About 194,500 openings for registered nurses are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.

The median annual wage for registered nurses was \$75,330 in May 2020.

2. Give participants the *Educated Guesses* handout. Instruct them to read each scenario and see if they can determine what the job title is for these different nursing occupations.
3. After participants complete the *Educated Guesses* handout, discuss their answers. Tell participants that they will now learn more about the career of a registered nurse.

Educated Guesses

Directions: Read each description. Write down what you think the person's job title is.
Each person is related to working as a different type of nurse.

Scenario	Job Title
I assist surgeons during procedures and care for patients before, during and after surgery	
I perform triage upon patient arrival, determine order of treatment, conduct examinations, record patient histories, monitor patient progress and consult with supervising physicians	
I assist mothers through labor and delivery, perform cognitive tests on newborn babies, help parents select a plan of care and assist in the post-delivery care of both mother and child	
I provide complex care to those with serious illnesses or injuries	
I provide care for patients undergoing treatment for cancer or patients who are at risk for developing cancer, administer medication and closely monitor patient conditions	
I develop continuing education programs, facilitate training, provide educational resources to staff and design educational initiatives to improve patient care	
I examine patients, diagnose health problems, analyze test results, and administer medicine and treatments	
I supervise nursing staff, schedule hours, hand out patient assignments, and complete performance evaluations	

Educated Guesses Answer Key

Directions: Read each description. Write down what you think the person's job title is.
Each person is related to working as a different type of nurse.

Scenario	Job Title
I assist surgeons during procedures and care for patients before, during and after surgery	Surgical Assistant Registered Nurse
I perform triage upon patient arrival, determine order of treatment, conduct examinations, record patient histories, monitor patient progress and consult with supervising physicians	Emergency Room Registered Nurse
I assist mothers through labor and delivery, perform cognitive tests on newborn babies, help parents select a plan of care and assist in the post-delivery care of both mother and child	Labor and Delivery Registered Nurse
I provide complex care to those with serious illnesses or injuries	Critical Care Registered Nurse
I provide care for patients undergoing treatment for cancer or patients who are at risk for developing cancer, administer medication and closely monitor patient conditions	Oncology Registered Nurse
I develop continuing education programs, facilitate training, provide educational resources to staff and design educational initiatives to improve patient care	Registered Nurse Educator
I examine patients, diagnose health problems, analyze test results, and administer medicine and treatments	Nurse Practitioner
I supervise nursing staff, schedule hours, hand out patient assignments, and complete performance evaluations	Clinical Nurse Supervisor

Lesson Five – Becoming a Registered Nurse

LEARN: Job Search 101

55 minutes

Purpose:

This activity aims to have participants better understand the job description for a registered nurse.

Materials:

- *Job Search 101* handout
- Video links
- Internet access

Facilitation Steps:

1. Share information about the typical duties of a registered nurse by showing some of the following videos:

What is a registered nurse?

<https://www.youtube.com/watch?v=bfg8trBVc74>

What Does a Registered Nurse Do?

<https://www.youtube.com/watch?v=z15Ht3B8li4>

Registered Nurse Duties

<https://www.youtube.com/watch?v=bEy16Ix0Xy4>

2. Explain to participants that they are going to complete the *Job Search 101* handout. Assign each participant one of the jobs listed on the *Job Search 101* handout.
3. Encourage participants to use internet access to look for a job advertisement for a registered nurse. Alongside each job advertisement description, they should include a list of reasons they would be good candidates for the position. Alternatively, they should also list some reasons why they would be bad candidates for the job.
4. After completion, divide participants into groups of three or four. Have them discuss if this would a job, they would be a good match for.
5. Bring the entire group back together to share their responses.

Job Search 101

Directions: Look online to find a job description for a Registered Nurse. Copy the advertisement into the space provided. Then list as many reasons as you can think of that make you a good candidate for the position. Alternatively, list any reasons you can think of that make you a poor candidate for the position.

Job Title/ Advertisement:	I would be a good fit for this job because:
	I would be a poor fit for this job because:

Lesson Five – Becoming a Registered Nurse

REVIEW: Reflection

20 minutes

Purpose:

Participants will reflect on the different types of nursing careers and also what it takes to become one.

Materials:

- *Training 101* handout
- Internet access

Facilitation Steps:

1. Give participants the *Training 101* handout.
2. Share a few brief videos

How to Become a Registered Nurse

https://www.youtube.com/watch?v=I_GIPN2I4cY

What are the different types of nurse specialties?

<https://www.youtube.com/watch?v=fQDpf3Mi2IY>

3. Have participants research the required info for becoming a registered nurse. From their research, review the job requirements and training needed.
4. Allow participants to reflect on this career choice. Ask them to think about the impact these professionals have on the patients they serve in a clinical or hospital setting.

Training 101

Directions: Research about being a Registered Nurse to learn more about the job requirements.

Job Title:

Required Training:

Specific Skills Needed:

Approximately Salary: