

RealCare Baby® 4 Experience Guide

Practical Tips for Engaging Students & Managing Your Program



Welcome!

We're here to help you succeed. Use this guide to make starting and running your RealCare Baby program simple and stress-free.



Why RealCare Baby?

Educators love RealCare Baby because it brings realism and life skills to the classroom!

- ✓ Teaches healthy decision-making and future goal-setting.
- ✓ Supports conversations around sex education and interpersonal skills.
- ✓ Demonstrates proper infant care skills and parenting techniques.
- ✓ Makes learning interactive and fun.
- ✓ Includes lessons aligned to national standards with slides, activities, and assessments.



FUN FACT

RealCare Baby (Baby) has been transforming classrooms for over 30 years!

Planning Your Program

Start strong by considering a few key points.

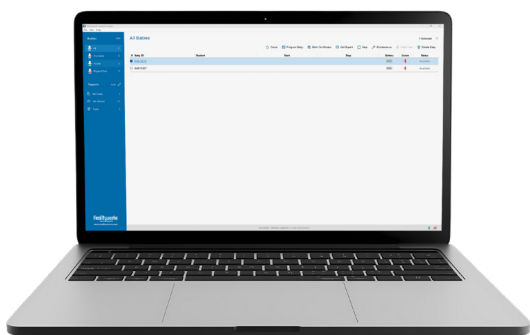
To determine how many Babies you need, ask yourself:

- How many students do you want in the RealCare Baby experience at the same time?
- How many weeks will you teach this topic?
- How long will you send Baby on simulation experiences?
(We recommend at least 72 hours.)
- Will you incorporate Baby into multiple classes?





Consider the other components necessary for running a successful program. You'll need:



An instructor computer

(You'll need to access RealCare Baby's software for programming, tracking, and measuring results)



Supplies and Accessories

(Baby comes with a variety of items, but depending on your program, you may need more)



Curriculum

(We have ready-to-use lessons on a variety of related topics)



Training

(We have many options to help you learn to use Baby and how to implement the curriculum!)



Space for storage and charging

(Do you have a safe area to charge and store several Babies?)

Other items to note:

- We recommend assigning Baby for at least 72 hours per student.
- Consider sending Babies home with multiple students at once for shared experiences.

Getting Started

Unbox, set up, and prepare your Babies for success!

Each Baby includes: 2-piece outfit, 2 color-coded diapers, bottle, ID with wristbands, sleeper, bodysuit, toy, and charger.

Your Starter Kit includes: Instructor key, online access to Control Center Software, and curricula.

The optional accessory package includes: a blanket, diaper bag, and car seat.

Charge Babies overnight

Ideally, RealCare Baby should be charged for a few hours every 3 months. If you haven't used Baby in a few months, we recommend plugging them in as soon as you can and leaving them plugged in for the 4-6 hours they require for a full charge.

Ensure your RealCare Baby® Control Center Software is up to date

Taking a moment to update your Control Center Software at the beginning of each semester or year will ensure you have access to the latest tutorials. Plus, it will help ensure improved communication between your computer and Baby.

Get organized

Organization is the name of the game. Whether you're using plastic bins or one of our RealCare Baby storage solutions, keeping Baby and its accessories together will help you facilitate your program and keep program components safe, clean, and dry. We suggest labeling each Baby and its accessories.

Consider Checklists

Stay organized during a simulation by using an inventory checklist. Check each item off the list as you deploy Babies, then use the same list to collect each piece as the student returns it. You could even send the inventory sheet home with students for reference when they return Baby.

Use our RealCare Baby Guide App

Giving your students access to our RealCare Baby Guide app during a simulation means providing immediate access to videos and FAQs 24/7. It features how-to videos, real-time simulation feedback, problem-solving scenarios, notetaking capabilities, and more. By making this free tool available to simulation participants, you might just save yourself from a late-night phone call.

Already have Baby?

Visit www.realityworks.com/knowledge-base/realcare-baby-control-center to update your Control Center Software"



Running Simulations

From classroom demos to weekend experiences.

Introduce Baby with an in-class demo



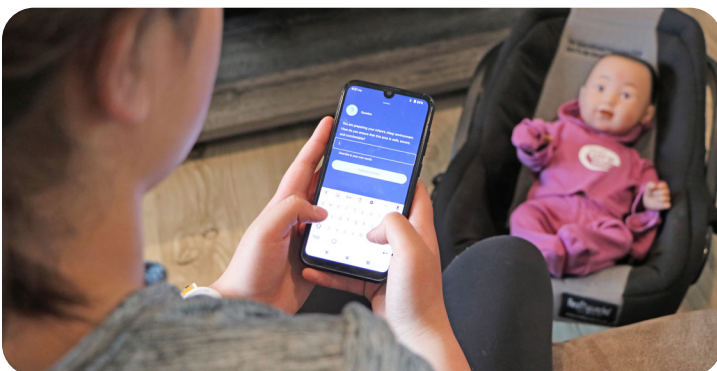
Practice makes perfect! By giving your students a chance to practice caring for Baby before the deployment, they'll be better prepared to provide appropriate care during the simulation (and won't get stuck not knowing what to do).

In the days leading up to the first simulation weekend, we recommend you spend class time practicing with RealCare Baby in demo mode so learners get hands-on practice feeding, burping, rocking, playing with, and changing Baby.

Prepare weekend simulations with permission forms and safety guidelines



Encourage journaling and reflection during the experience!

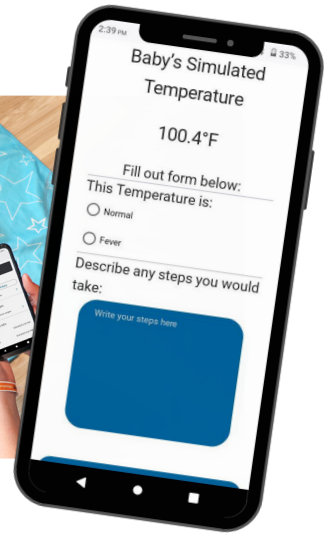


Visit our RealCare Baby User Center for copies of permission forms, participant contracts, program checklists, and more!
www.realityworks.com/realcare-baby-user-center

Using the RealCare Baby Guide App

Give students real-time support and added realism.

- Features how-to videos, FAQs, tips, and random infant care scenarios
- Students can check Baby's status, care results, take notes, and solve care scenarios
- Available for free on iOS and Android platforms
- Encourages journaling for reflection



Classroom Management

Keep your program organized and stress-free.

- Use a deployment checklist for student simulations.
- Maintain inventory and restock supplies before each term.
- Clean Babies and clothing regularly.
- Charge Babies overnight and unplug them for battery health.
- Store Babies indoors in a dry, clean environment.

Find detailed battery maintenance and cleaning tips by visiting:
www.realityworks.com/realcaredownloads

Using RealCare Baby 4 (RCB4) with RealCare Baby 3 (RCB3)

Teach confidently in a mixed classroom.

- Use schedules without play time for consistency.
- Offer extra credit for Baby 4 features.
- Use app notes for Baby 3 users to record tummy time or talk time.
- Program simulations from the same Control Center software platform.
- Use the app features that work with both models such as taking Baby's temperature and completing problem-solving scenarios.

FEATURES:	RCB3	RCB4
Tummy time tracking		●
Loud Noise Exposure mishandle		●
Standards-based curricula on Basic Infant Care and Life Skills and Healthy Choices for Middle School Students	●	●
Tracks play time		●
Easy-to-use software for demos and simulations	●	●
Tracks and reports how often caregivers talk to Baby		●

Assessment & Reflection

Use data and reflection to deepen learning.

- The RealCare Baby report tracks care events, mishandles, temperature, clothing changes, tummy time, and talk time.
- Set expectations ahead of time.
- Include journal entries and reflection questions.
- Use reports for grading and discussion.
- Wrap up with reflection

By giving students the opportunity to reflect on their RealCare Baby experience, you're helping them make connections and ensuring they've learned important skills and concepts. Written and video journals are both popular RealCare Baby reflection activities. In-class discussions and even oral presentations are other ways you can incorporate reflection into your program (and practice soft skills).



BONUS TIP

Share reports with parents or administrators to show program value.

Clean and prepare Baby for the next simulation

You can keep your Babies looking like new with these best practices:

- To disinfect Baby, remove and wash all clothing.
- Then, use rubbing alcohol or disinfectant wipes containing an alcohol concentration of 60% or greater. This is an antimicrobial solution which kills 99.99% of germs within 10-30 seconds.
- Gently wipe down Baby and accessories, and let them air dry for 30 minutes. (We do not recommend using bleach to disinfect).
- You can get detailed instructions for washing Baby's clothing and removing ink and dirt from Baby's skin by downloading our RealCare Baby cleaning and disinfecting Steps.
- Get them here: www.realityworks.com/knowledge-base/realcare-baby-control-center

Best Practices

- Go through the simulations yourself before using the program with students.
- Utilize an assistant or students to help keep organized.
- Use a sign-up sheet.
- Invite local guest speakers.
- Get positive press by using social media to share the good things you are doing in your program.

Additional Resources

Stay supported year-round.

- Download seasonal prep checklists: www.realityworks.com/realcare-baby-user-center
- Access deployment checklist for student simulations.
- Find how-to videos and curriculum updates at www.realityworks.com
- Contact Account Services for supplies and support.

Contact & Support

We're here to help you succeed!

Email: information@realityworks.com

Website: realityworks.com



Request a personalized quote
by scanning the QR code



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Connect with us to join ongoing conversations about engaging learners, technology tips, and issues facing all areas of education.